



Saskatoon

DESIGN • RENOVATION • BUILDING • DÉCOR

HOME

\$4.95

FALL 2017

Sand Castle Manor on Whiteswan

In These Walls

Reno History Mysteries

Solar Partnerships

Generating Green Energy Solutions

Multi-Generational Living

Three Generations Under One Roof

HunterDouglas  Gallery®



BRAID
Flooring & Window Fashions

#1-2301 Millar Avenue
Saskatoon, SK Ph: 306-244-1973
www.braidflooring.com



INSIDE OUR HOME

- | | |
|--|---|
| <p>8 Fall HOME Hacks
The top seasonal home life hacks.</p> <p>10 No Swan Song on Whiteswan
Sand castle home is here to stay.</p> <p>22 In These Walls
Reno history mysteries and hidden secrets.</p> <p>30 Multi-Generational Living
Three generations under one roof.</p> <p>39 Radon on the Rise
Testing for an invisible killer.</p> | <p>44 Bridging the Gap Between Divorced Homes
Co-parenting tips for the consciously uncoupled.</p> <p>48 Wouldn't Leave the Kitchen Without It
'Must have' kitchen tools and gadgets.</p> <p>56 HOME Food
Arise O Great Pumpkin!</p> <p>60 HOMEtown Reflections
Riversdale.</p> <p>69 Solar Partnerships
Generating green energy solutions.</p> |
|--|---|



Photo: Lillian Lane

Cover: Earth tones on the exterior of this Whiteswan Drive home put passersby in mind of an elaborate sand castle. But the scale and features like stone quoins exude permanence and solidity, perfect for homeowners Paula and David who have no plans to move. Photo: Appl Photo

HOME Front

Hat from Saskatoon's own
Sova Design Millinery.



Photo of Amanda Soulodre by Lillian Lane

"Do people pay to have stories in your magazine?"

We get asked this a lot, and the distinction is something important to us here at HOME. Our magazine has ads; we work with particular businesses in the city that we are proud to present to our readers to promote their products and services. We get paid to run those; that's our bread and butter. Pretty straight forward.

Stories are different. Our volunteer reader panel, unique for each issue, pores over a lot of story suggestions and ranks them by what they find most interesting. Those suggestions come from readers, from our writers and from us. The stories we produce help us learn about Saskatoon, what's happening in design, renovation, building, décor and the life of our city. Sometimes we interview a subject expert as part of a story, but we never—never—offer a story in our magazine that someone pays us to run. Those are called "advertorials" and we don't do them.

Advertisement placements are part of the magazine experience. They show you businesses in the city (most of them locally owned) who want to grab your attention and hopefully earn your business. We are incredibly proud and thankful to the advertisers with whom we partner. But we feel it is incredibly important that our readers know what is an ad and what isn't.

We want a clear distinction between the objective articles we feature to tell

Saskatoon stories and the ads that keep us running. When you read a HOME article, it's for your education, entertainment and enjoyment—it's not to sell you something. We want you to know that our stories are written by unbiased writers and we have the final say in content.

Ad = Ad. Story = Story.

Make sense?

Your trust as a reader is paramount to us at Saskatoon HOME magazine. We love what we do. We feel we are creating a time capsule to preserve stories about our city for decades to come. We take this responsibility very seriously, but we also make sure we have a bit of fun along the way as well!

With all of this in mind, we are excited about our fall lineup! We hope you enjoy what we have for you in this issue. We love your feedback, so let us know your thoughts good, bad or other. HOME is available at a number of locations throughout Saskatoon, and you can find us online, too: www.saskatoon-home.ca.

Remember, if you have a great story idea for a future HOME issue, let us know. And you won't have to pay us!

AMANDA SOULODRE
OWNER & PUBLISHER

Connect with us:

www.saskatoon-home.ca

 www.facebook.com/saskatoon.home

 @HOMEmagazineSK

HOME

SASKATOON

Issue 39, Fall 2017

ISSN 1916-2324

info@saskatoon-home.ca

Publishers

Amanda Soulodre

Rob Soulodre

Editor

Karin Melberg Schwier

Photographers

Appl Photo

Karin Melberg Schwier

Lillian Lane

Production and Design

OneOliveDesign

Writers

Ashleigh Mattern

Craig Silliphant

Jeff O'Brien

Julie Barnes

Léo Joseph

Karin Melberg Schwier

Saskatoon HOME is published by:
Farmhouse Communications

607 Waters Crescent,
Saskatoon SK S7W 0A4

Telephone: 306-373-1833

Fax: 306-979-8955

www.saskatoon-home.ca

FARMHOUSE
communications

No part of this publication may be copied or reprinted without the written consent of the publisher.

Publications Mail Agreement
41856031

SRHBA

Member

Saskatoon & Region
Home Builders'
Association





YOU CAN **TRUST** IN THE
POWER OF THIS
KNOWLEDGEABLE
AND **EXPERIENCED**
REAL ESTATE TEAM

Charmaine
MORRIS

Reagan
BALISKI

Ron
BALISKI

Administrator
MARY ANN

Dan
BADER

Cindy
SAVINO

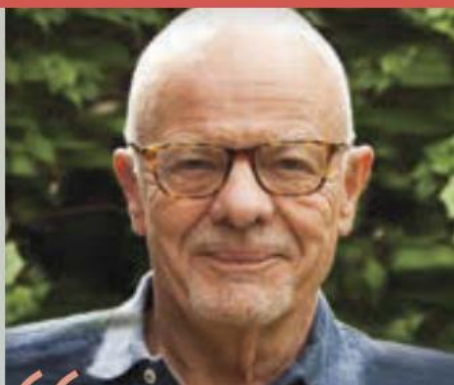
Administrator
CINDY

Clark
DZIADYK

www.SaskatoonAssociates.com

READER PANEL

Thank you to our Fall Issue Reader Panel (seen below). The people on the Reader Panel change every issue and are made up of fans of the magazine who volunteer to help us select our stories. Their input allows us to select stories that people in and around Saskatoon look forward to reading each and every issue. Once story ideas are chosen, we then assign them to our team of talented writers—meet them online at www.saskatoon-home.ca.



“I look forward to every issue. I particularly enjoy the historical stories of the various neighbourhoods, buildings and characters who built this city.

Laurence Cram-Howie

Retired,
Radiologist



“I enjoy reading HOME magazine because it promotes local business, shares our history and community development with its readers.

Shanna Vaughn

Educator



“I love reading HOME because it has local stories that help me better connect with all that our beautiful city has to offer.

Wenona Partridge

Educational Development Specialist,
Gwenna Moss Centre for Teaching and Learning, University of Saskatchewan



“The next project I plan to take on in my home is to put skylights in my kitchen and add solar panels outside soon.

Orlene Martens

Speech-Language Pathologist,
NOMAD Therapies



“I love HOME. I read the whole magazine from cover to cover!

Edna Warrington

Retired,
U of S Library



“I do pay attention to the ads in HOME. We actually just installed new carpet in the second floor of our new home and used a company we saw advertised in the magazine!

Don Ratcliffe Smith

Active Lifestyle Consultant

Interested in being on a future panel? Email: amanda@saskatoon-home.ca with 'Reader Panel' in the subject line.

THE MEADOWS
AN ARBUTUS COMMUNITY

THE MORRIS LANEWAY HOMES IT'S BACK



NOW SELLING!



Homes Starting From \$349,900
1393 SQ FT | 3 BED + 2.5 BATH

Our new release of The Morris homes are ready to move into this Fall! Included are all your stainless steel kitchen appliances and quartz countertops. Plus you have the option to add a legal basement suite as a mortgage helper or expand the home for yourself in the future.

MOVE IN THIS FALL

Visit Our Showhome Before We Sell Out Again!

SHOWHOME OPEN
696 Meadows Blvd.
Tues to Thur 4 - 8 PM
Weekends 1 - 5 PM
Or by appointment



FALL HOME HACKS



LÉO JOSEPH



LILLIAN LANE

The internet has brought new ideas and information into every walk of life. Everything from instant sports highlights to sharing life's special moments via social

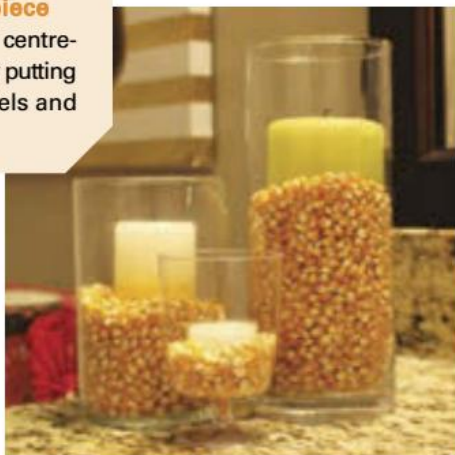
media, the digital age has something for all. Not to be left out are ways to improve your home! Those in the know refer to these as 'home hacks.' With this in mind,

our team at Saskatoon HOME has scoured the internet for the top home hacks for this fall season. Enjoy! 📷

Léo Joseph

Pop-Tastic Centrepiece

A quick and easy fall centrepiece can be made by putting some popcorn kernels and a candle in a vase.



The Versatile Pumpkin

For a dip, consider using a small pumpkin to add that splash of orange and a bit of character to the appetizer table. Or if you still have a few remaining blooms in your garden, hollow out a pumpkin or gourd, place an empty soup can full of water and voila—instant vase with whimsy.

While pumpkins are a must for Halloween night, you might want to buy them early to display in your home or yard for a pop of fall colour. There's a trick to preserving the colour and holding off rot. Fill a spray bottle with water, add a dash of bleach, and mist the pumpkin well.



Back to School

Create your own lunch box ice pack to keep your lunch cool all day. Saturate a sponge with water and freeze. Place in a sealable bag. As it thaws it reabsorbs the water and can be thrown back into the freezer to be ready for the next day.



Crafty Nature

Pine cones are everywhere, and have a multitude of uses for crafters. Before they are used, bake them for 45 min at 250°F to ensure there are no rogue bugs about to be unleashed into your home.

Fallen leaves can also be a crafter's staple. Before you start a project with them, dip the leaves in Gulf household paraffin wax and let your creativity soar!

...Always Majestic



Designed By Atmosphere Interior Design

Make your Kitchen a Majestic one....

Bring a timeless beauty into your space with fine custom cabinetry by Majestic Cabinets.

Quality craftsmanship at its upmost, we bring your dreams to life so you can live in the comfort of a functional and stylish kitchen. Cabinetry is an expression of your style.

Majestic Cabinets has a vast selection of door designs and styles inspired to fit your every need. Locally owned and operated for over 25 years, we believe in honesty and integrity. We take great care to ensure that each product we make is something we would put in our own home.

Majestic Cabinets

Saskatchewan's distributor
of MURPHY WALL BEDS

511-45th Street E. Saskatoon 306-934-0660
www.majesticcabinets.ca





NO SWAN SONG ON WHITESWAN

Sand Castle Home is Here to Stay

The Whiteswan Drive home is set back from the busy street, its grand front entrance shaded by a large spruce and edged with tasteful landscaping. With its subtle earth tone exterior, passers by are put in mind of an elegant

sand castle. But with its solid masonry quoins, stone staircase and striking entryway of glass and metalwork, there's a sense of permanence and strength. It's a home that's here to stay, and so are its owners.

When family physician Paula Nielsen and CPA David Nielsen decided their River Heights home was no longer meeting their needs, one thing was certain. They didn't want to leave the area. Two teenage athlete sons had friends galore.

The couple loves to entertain, and each wanted a home office, so room to spread out was key. Paula found a bigger option on Whiteswan Drive, and though dated, it featured a floor plan she felt they could make their own.



 **KARIN MELBERG SCHWIER**  **APPL PHOTO**

"We're at the quieter end of Whiteswan," says Paula. "We love it here. It's a beautiful part of the city. Wally Mah built the house so it has great bones, but needed some work to pull it out of the 1980s."

After significant renova-

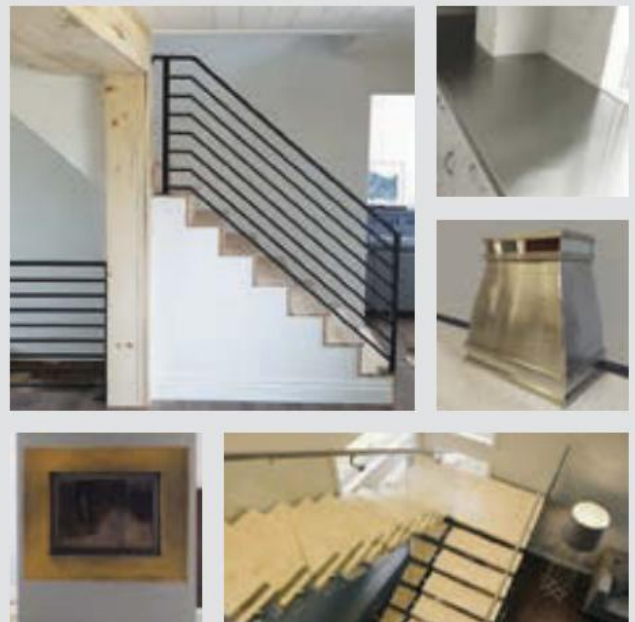
tions spanning three distinct stages, the home is now 3,600 square feet. It features an open kitchen, four spacious bedrooms and bathrooms, walk-in closet, two offices, a gym, family room, separate bar and games room, storage ➤

TK
T E X K L A S S E N

MAKING HOMES UNIQUELY BEAUTIFUL ONE PROJECT AT A TIME.

Stainless Steel Accents
Glass Works
Custom Metal Projects

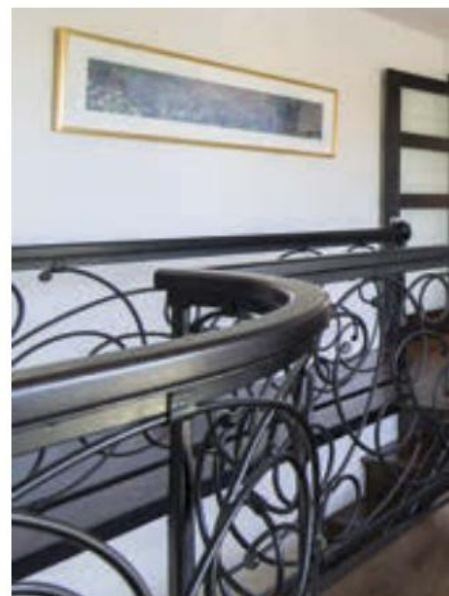
OVER 25 YEARS OF EXPERIENCE.



www.texklassen.com

20 3935 BURRON AVE | SASKATOON SK

PHONE: [306] 934 7600



and utility room and upstairs laundry. Downsizing isn't in their future even though Paula and David are now empty nesters.

Staying on Site

"You do have to be a little

fearless when you do a renovation," Paula says.

One thing the couple agreed to do was live in the house during the renos.

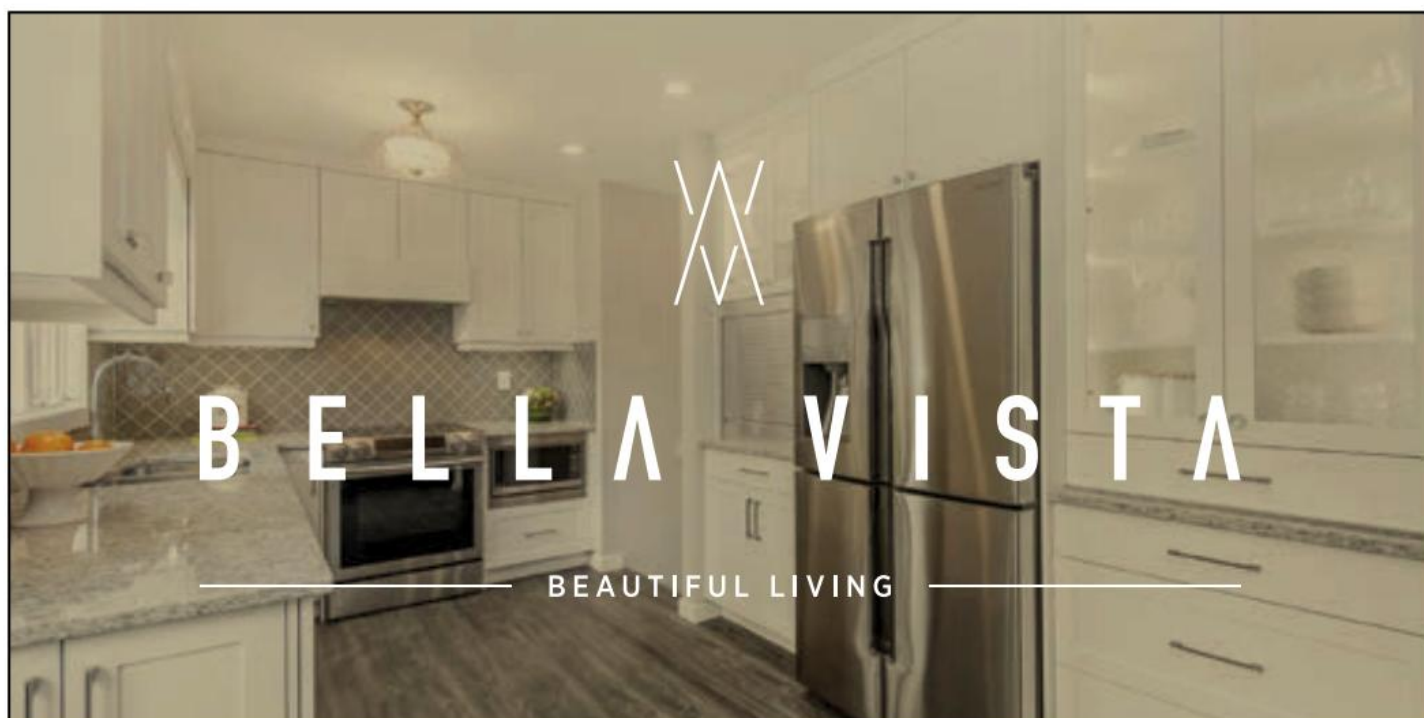
"A lot of contractors prefer that you to move out, but I've always wanted to be in

the middle of it so I'd know exactly what was happening," says Paula. "It's good to be on hand for the unexpected and available to figure out Plan B." Doing the renovations in three parts gave the couple "a little breather between each

and allowed us the time to think about what we wanted."

The First Stage 2007

"The boys pleaded with us to wait on redoing the downstairs until they left home," Paula remembers.



Breathing new life into tired homes | In record time | By strongly connecting with your vision

CUSTOM KITCHENS & RENOVATIONS | WWW.BUILDBELLAVISTA.COM | 9 - 3342 MILLAR AVE, SASKATOON | 306-979-9944

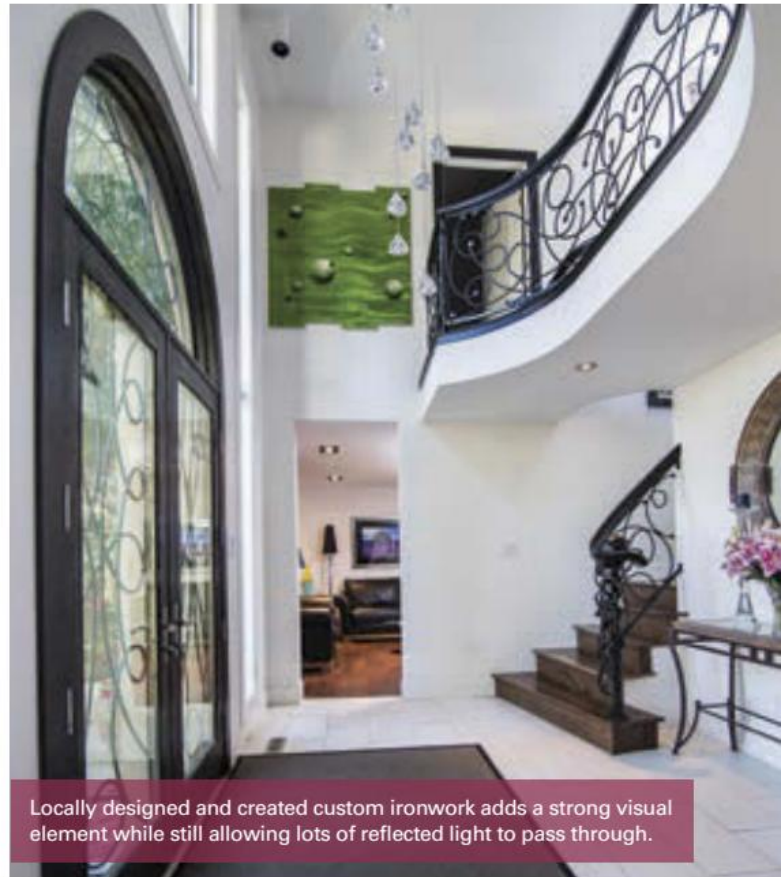


"They played football and other sports and always had big parties and shindigs with their teammates and friends. So we said okay and started on the main."

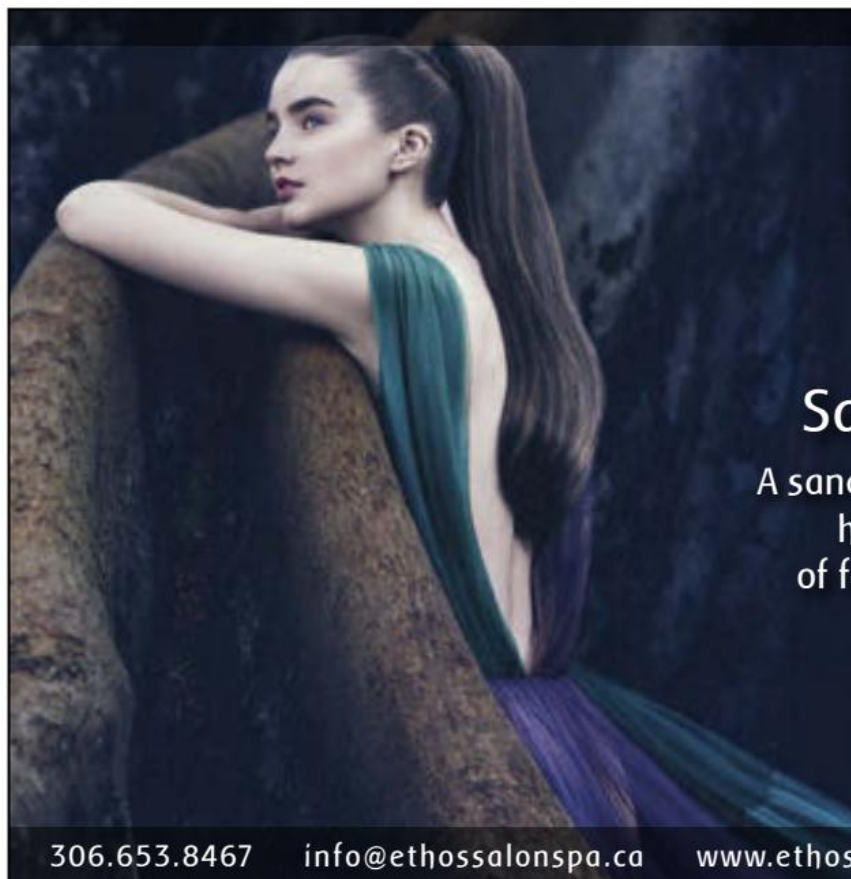
The family lived in the basement for six months.

An old stove and fridge with a small bar sink constituted their temporary kitchen.

"When I designed the new kitchen, my boys laughed at me for putting in two dishwashers, but I tell you," Paula says, "after six months ➤



Locally designed and created custom ironwork adds a strong visual element while still allowing lots of reflected light to pass through.



ethos
SALON . SPA . BARBER
at: SCOTIA CENTRE

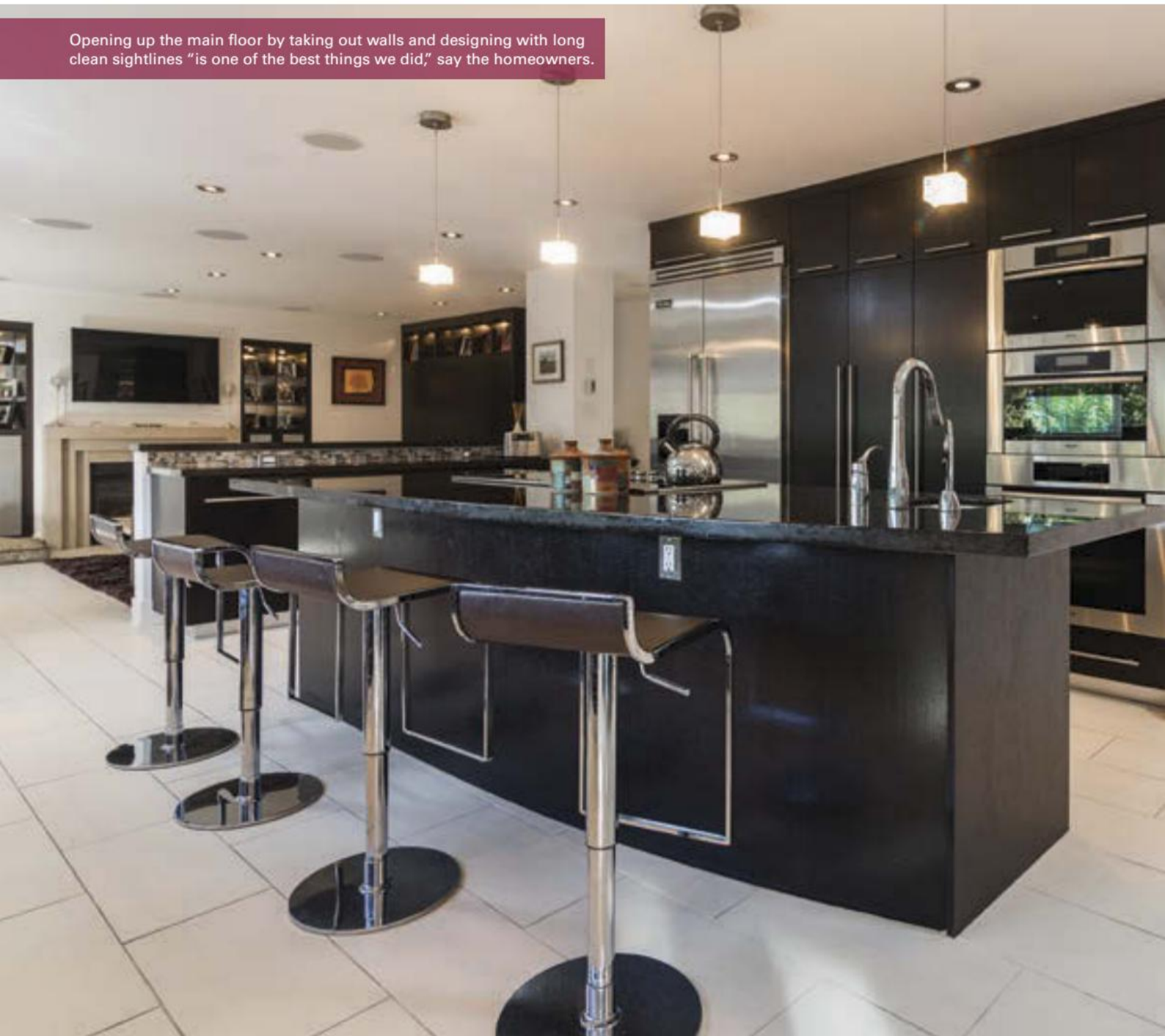
Salon . Spa . Barber

A sanctuary to experience tranquility,
harmony and the creativity
of fashion-forward hair artistry.

AVEDA

306.653.8467 info@ethossalonspa.ca www.ethossalonspa.ca & www.ethosbarber.ca

Opening up the main floor by taking out walls and designing with long clean sightlines "is one of the best things we did," say the homeowners.



of doing dishes in the bar sink or in the bathtub, I wanted two dishwashers!" Both come in handy now when the couple entertains.

"Opening up the main floor and taking out the walls between the kitchen, family room and dining room," adds David, "is probably one of the best things we did in the entire house."

Paula wanted an open, functional space with smooth lines. Dark chocolate granite countertops, rifted oak cabinets and white porcelain tile flooring produced the modern feel she wanted.

At the time, as the mother of two teenaged boys, there were ulterior motives.

"When I'm cooking and

the kids have friends over, I wanted it open so we could be together and the mother can hear what's going on." Paula smiles.

The Second Stage 2012

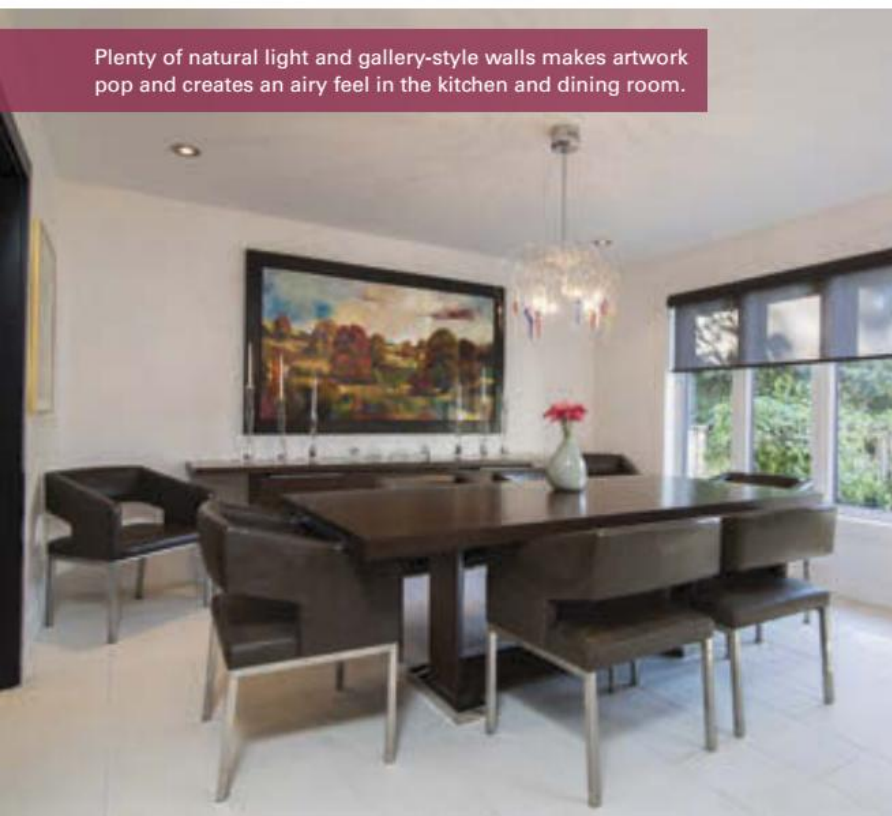
Paula and David decided to add 400 square feet over the garage for a master bedroom and Paula's study. Part of the

reconfiguration included a revamped ensuite bath with steam shower, upstairs laundry area and a generous walk-in closet.

"David is a CPA and generally doesn't part with money very easily, but when he said it was time to start the second reno, I thought adding on would make the most ➤



Plenty of natural light and gallery-style walls makes artwork pop and creates an airy feel in the kitchen and dining room.



Creating a maintenance-free pool area was important, so the deck was built with composite materials. During the pool upgrade, a massive three-ton boulder was excavated, solving the mystery of an odd slope, and the pool was properly leveled.



sense," Paula says. The couple hired a draftsman. All old siding was torn off and the exterior stuccoed.

"We didn't want something that looked like a boxy add-on," says David. "We wanted something that looked like it was always there."

David's home office was created as was a living room/music room featuring a baby grand piano that Paula vows to get back to "one of these years."

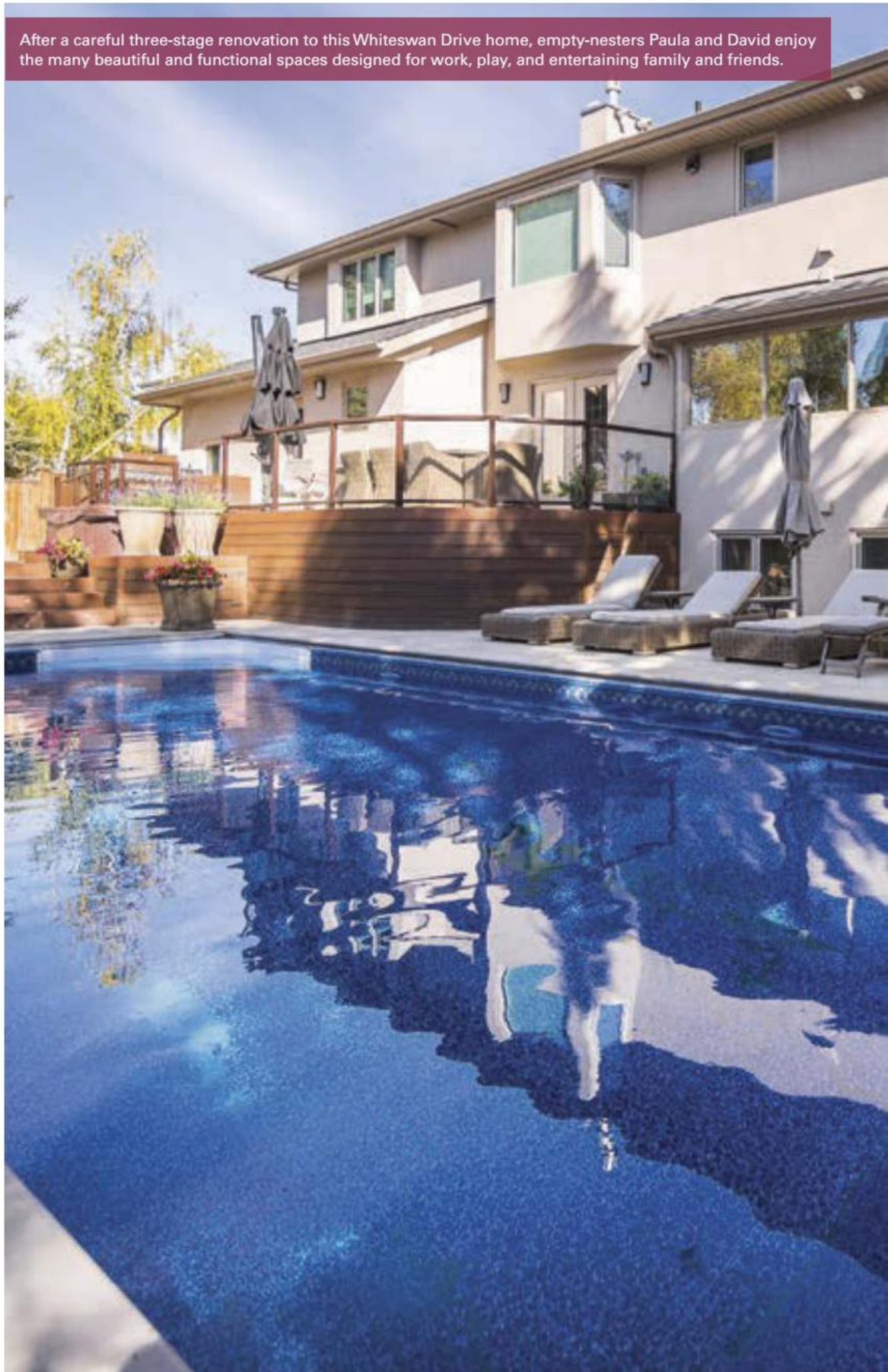
The outdoor spaces were included in the second renovation. A huge terraced wooden deck had seen better days; one summer it took \$1,000

to stain. David recalls that it was a hornet sanctuary. "When our son was bouncing on it with his unicycle and went right through, we decided it had to go and replaced it with composite," says Paula. The pool, too, was unkempt and got a facelift by Pleasureway Sales.

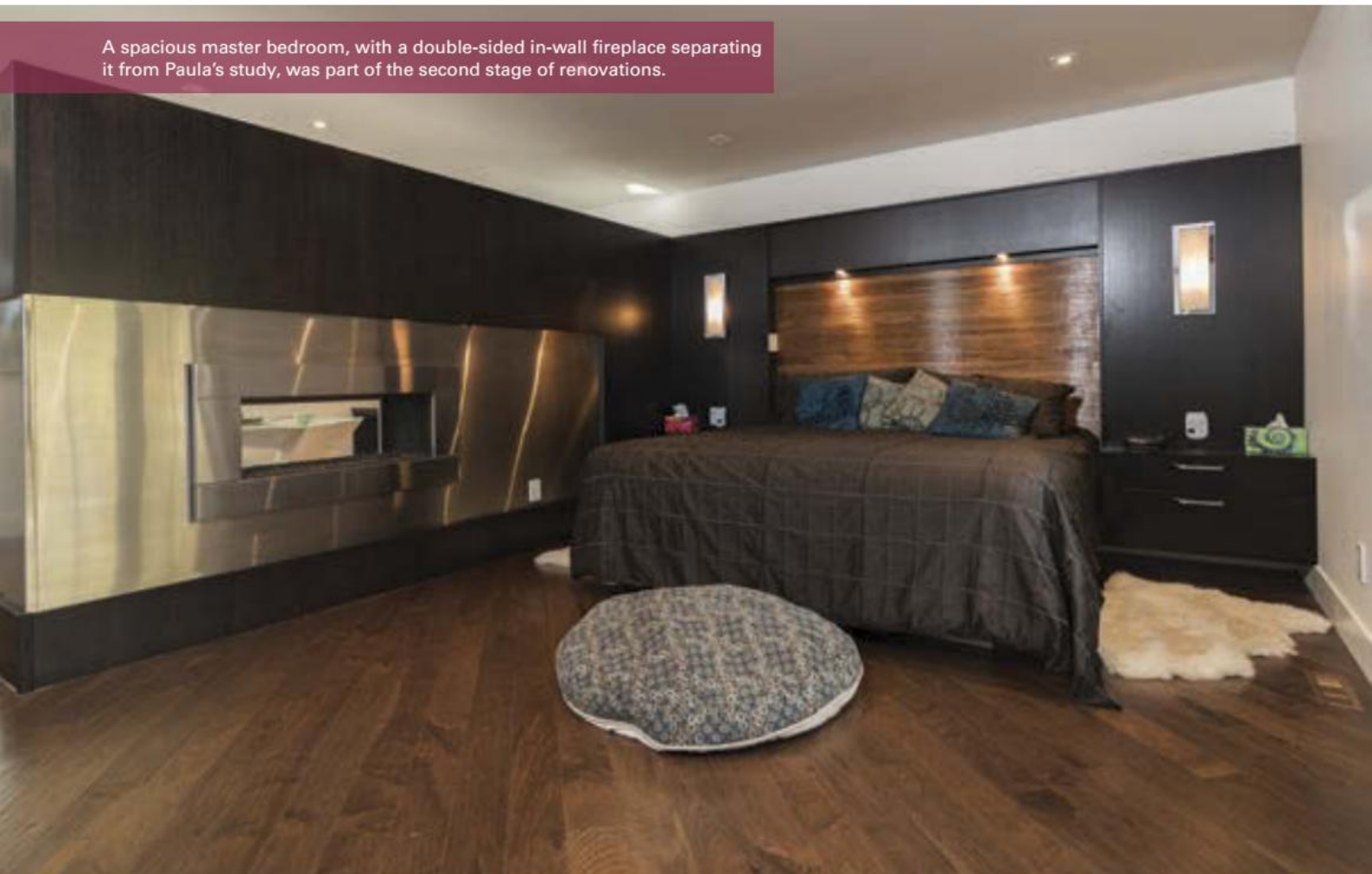
"We hired a Ukrainian stonemason who was wonderful," says Paula. "He didn't speak much English; we had to use Google Translate. He did a phenomenal job with the high density dolomite limestone from Wisconsin that you can use around saltwater pools." ➤



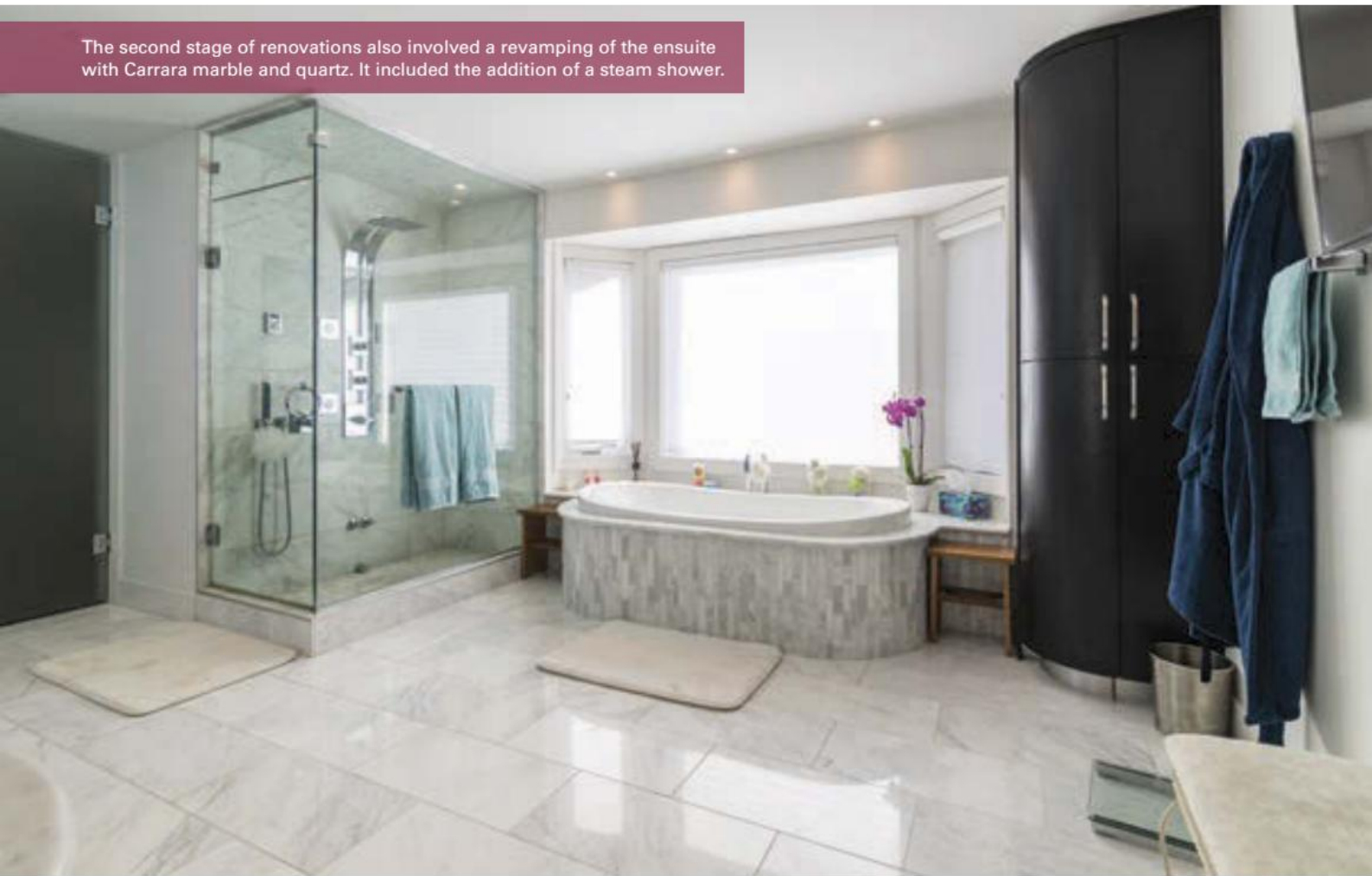
After a careful three-stage renovation to this Whiteswan Drive home, empty-nesters Paula and David enjoy the many beautiful and functional spaces designed for work, play, and entertaining family and friends.



A spacious master bedroom, with a double-sided in-wall fireplace separating it from Paula's study, was part of the second stage of renovations.



The second stage of renovations also involved a revamping of the ensuite with Carrara marble and quartz. It included the addition of a steam shower.



The Third Stage 2016

"There was a huge steel beam in the basement that couldn't be moved, but the contractor did a wraparound on it which makes it look nice. Rob from Dragonfly replicated the iron bannister to match what he did upstairs four years earlier," says Paula.

The flooring in the main area is leather from Braid Flooring, and the epoxy-pebbled surface used in the garage was also applied in the utility room. In the gym, flooring of recycled seatbelts (used in Paula's clinic) is durable, and stain and odour-resistant.

"During the last reno, Ross Electric redid the whole electrical panel, so the utility

room is probably one of the most expensive rooms in the house!" David laughs. "Before we bought the house and over the years the circuits became very overloaded. It was just a fire waiting to happen. There were three separate subpanels, an absolute rat's nest. We upped the power from 150 to 200 amp service."

Thinking Long Term

"Our son Mark says, 'You really don't need a house that big any more.' But we tell the kids the next move is going to be into the nursing home! We've got great neighbours, a wonderful location. We like to entertain, so it's the way we want it now." That includes keeping Mark and Paul's ➤



The basement, once a hangout for teenage sons and their friends, has been transformed into an elegant and functional entertainment space.



childhood twin beds ready for any grandchildren on the distant horizon.

It's important, once the decision is made to stay and start renos, to think about the upkeep required.

"We redid the deck and the pool area to be as maintenance free as possible," says Paula. "You want manageable landscaping and home maintenance that's easy 20 years from now."

Property along the river will hold its value and as an active couple, the MVA Trail and Meewasin Park offer wide-open vistas and trails to walk the dog, run, cross country ski and watch children's activities.

Any regrets?

"Maybe we could have done without the second dishwasher," says David with a grin. (H)

Karin Melberg Schwier

DECOR WITH PERSONALITY AND MEANING

There's an open, white and light art gallery vibe. The couple has tastefully decorated with warm fabrics and colourful artwork from travels to places like New York, Hawaii, Italy and France. Art from Paula's Scottish grandmother and pieces painted by David's grandmother adorn walls. There are two from Paula's patients; pieces they created as thanks for her care.

"My mother's taste is much different than mine," says Paula. "I grew up in a house in Regina that always seemed to me to be so heavy and dark. I really like natural reflected light."

Another stunning first-impression feature is custom ironwork by Rob from Dragonfly Artistic Metals. Like works of art, the large glass doors with inlaid

metalwork and the unique foyer staircase railings and bannisters so impressed the couple that they've had him do additional projects.

"I always wanted big glass doors with metalwork," says Paula. "All I ever heard was, 'Lady, you can't have doors like that in Saskatchewan.' They didn't think the insulation would be good enough. I found Rob, this big guy who looks like he just climbed off a Harley. He sketched out a design and we got it done." A burly appearance belies a sensitive artist, Paula says.

"He told me that on the surface of the railings he left little presents for us to find. Tiny dragonflies stamped randomly into the metalwork. Each piece he does is unique."

GET MORE HOME IN MARTENSVILLE WITH EHRENBURG'S LAKE VISTA ESTATES

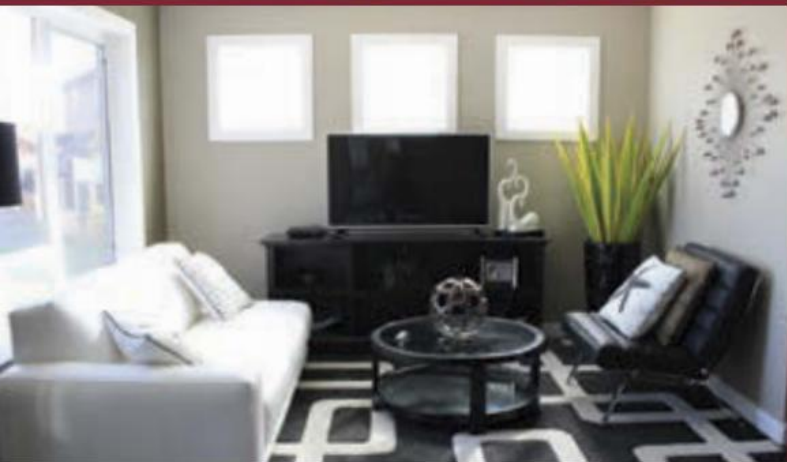
GREAT ACCESS TO SHOPPING • WALKING TRAILS • COMMUNITY LAKE
SPORTS & AQUATIC CENTRE • NEW ELEMENTARY SCHOOL



**0% DOWN
PAYMENT**

**UNITS STARTING AT
\$229,900!**

**PLUS ADDITIONAL
AMAZING PURCHASE
INCENTIVES!**



**VISIT OUR SALES CENTRE AT
185 Beaudry Crescent, Martensville**

For pricing and questions, please call or text:

DAVE REMPEL
- with Remax Saskatoon
306.229.8877

JAMES DYCK
- with Royal LePage Saskatoon
306.370.4663





  **KARIN MELBERG SCHWIER**

IN THESE WALLS

Reno History Mysteries and Hidden Secrets

In 1978, Neil* was a ninth-grader at Nutana Collegiate. He rode his bike, hung out at the nearby park with friends, delivered the *Star Phoenix* and built scale models. His brother Malcolm, eight years older, “seemed all grown up. He always had the answer to any question I asked. I sure looked up to him.” That year, when Neil was 14, Malcolm died

suddenly. His death, almost 40 years later, is still difficult for his surviving siblings. But because of a compassionate contractor and benevolent homeowner, Neil and his two sisters have reconnected with the gentle, creative brother they lost.

Unearthing Treasures

Kelly Faber and Wendy Howlett bought a small house

in Buena Vista in 1992. Built in 1928 and moved into the city from a farm, it was showing its age. When the front porch sagged a bit too much for comfort, the couple hired Poth Home Solutions to reinforce it. No stranger to dirty jobs, Bert Poth squeezed in under the porch.

“I crawled in,” Bert says. “There was about 12 inches

of space under the floor joist to dirt level to just shine a flashlight in above the old foundation. That’s where I found what someone had gone to some trouble to put there.”

Bert pulled out notebooks, some with handmade cardboard covers and bindings made from comic strips, a plastic soldier and lion, a block and a marble. These, he told Kelly, might be



Kelly Faber reminisces with Neil, whose brother left behind a secret stash of writings and trinkets in the house she bought decades later.

important to someone.

"The notebooks were full of handwritten stories and drawings by a boy named Malcolm," says Kelly. "The printing in earlier ones turned into cursive in older ones. You could see the boy growing up. It was clear the kid was very intelligent and thoughtful."

Social Media Detective

Kelly and Wendy decided to try to track him down.

"We knew right away we would do the sleuthing," says Kelly. "Probably some people would think it was trash, but we knew we'd try to find the owner." With social media and "Uncle Google" as her investigative tools, it took Kelly no

more than a few minutes.

"Luckily, Malcolm had written down his full name. I found his mother's recent online obituary, which listed her children. It said Malcolm was deceased, which made me sad. But it named Neil and his sisters. I Googled him." Up popped a class photo from Buena Vista School. And an unexpected surprise.

"It's late at night. I'm peering at the photo with no idea what Neil might have looked like. But then, wow, I see a friend of mine, Patti Stobbe," Kelly says. "I texted her and just said, 'Call me!'"

It turned out Patti not only remembered Neil, she still knew him. ➤

WALLS WITH **REAL** CHARACTER

5" Board Length Varies. Up to 48" 1/4" thick

Available in 8 colours

RAW-ISH	BLACK-ISH
BLUE-ISH	WHITE-ISH
GREY-ISH	RED-ISH
BROWN-ISH	UMBER-ISH

Just Glue Or Nail

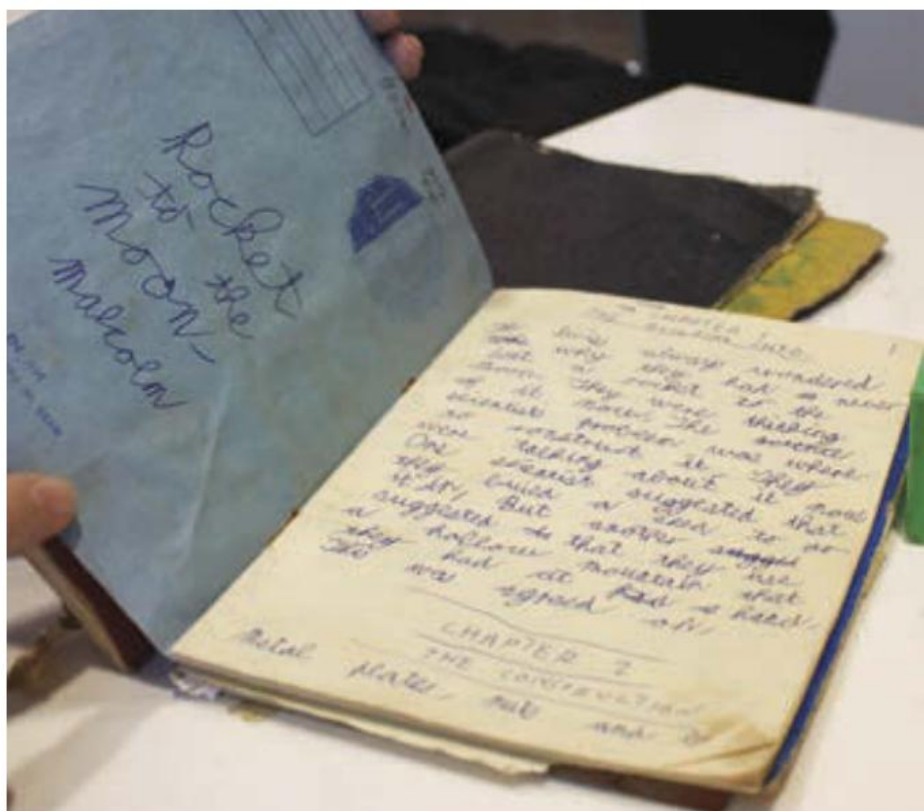
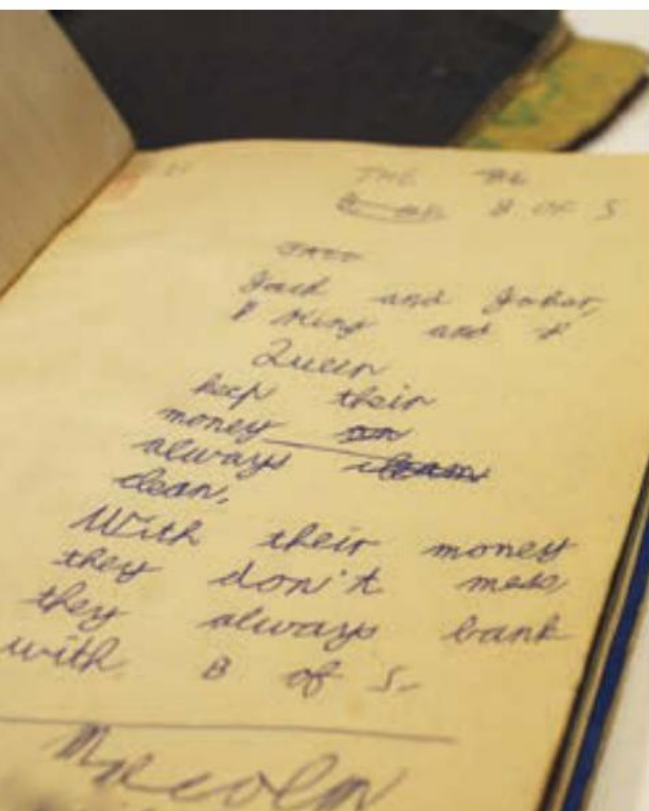
WHITE-ISH

FIND A DEALER: email info@instoneproducts.ca (or) call 1.877.477.4373
as-isbrand.com

LIFE. MADE. EASY.

Proudly serving Saskatoon & Area for 5 Years!
 An award winning team you can trust.
 Dedicated to the environment and our communities.

306.373.7410
fresh-living.ca
 FreshLivingYXE



Making the Connection

"I got a message from Patti," says Neil, who today lives in the Exhibition area. "She asked me if I'd ever lived at that address. She told me her friend lives there now and they found some things that belonged to us. I didn't have any idea what. It's been 46 years since I lived in that house." The family rented the Fifth Street house from 1967 to 1971.

Patti arranged a meeting a week later.

"Neil came over," says Kelly. "We talked, I gave him the notebooks and toys and then we both got a bit teary eyed."

"It was quite a moving experience," says Neil. He had a glimmer of recognition when he saw the toy soldier and lion, but the notebooks were unfamiliar.

"I went home and went through everything. It's been such a long time and it pulls up a lot of stuff. It was really something, pretty emotional," says Neil. "I contacted my

sisters right away. They've both looked at everything, and I showed it to my nieces. I'm the designated keeper of the family history."

Good Memories

There was an eight-year age difference between the brothers, "so we didn't really hang out together too much, but I do remember he wanted to be a writer." But Neil doesn't remember Malcolm writing in notebooks. Maybe it was a secret passion little brothers

didn't need to know about.

"There are a lot of stories, fiction, in the books. Stories about pyramids, space travel," says Neil. "He was smart. He used words like 'portcullis' and his grammar was very good. Some may have been school assignments from Scotland, and after we moved here. There are lists. A lot of rules about how to play certain card games. You'd think we were all big gamblers," Neil laughs. "It's the creative stories I really appreciate having."

Saskatoon Custom Garage Interiors Inc.

3122 A Millar Ave.
306-933-4320
www.customgarages.ca

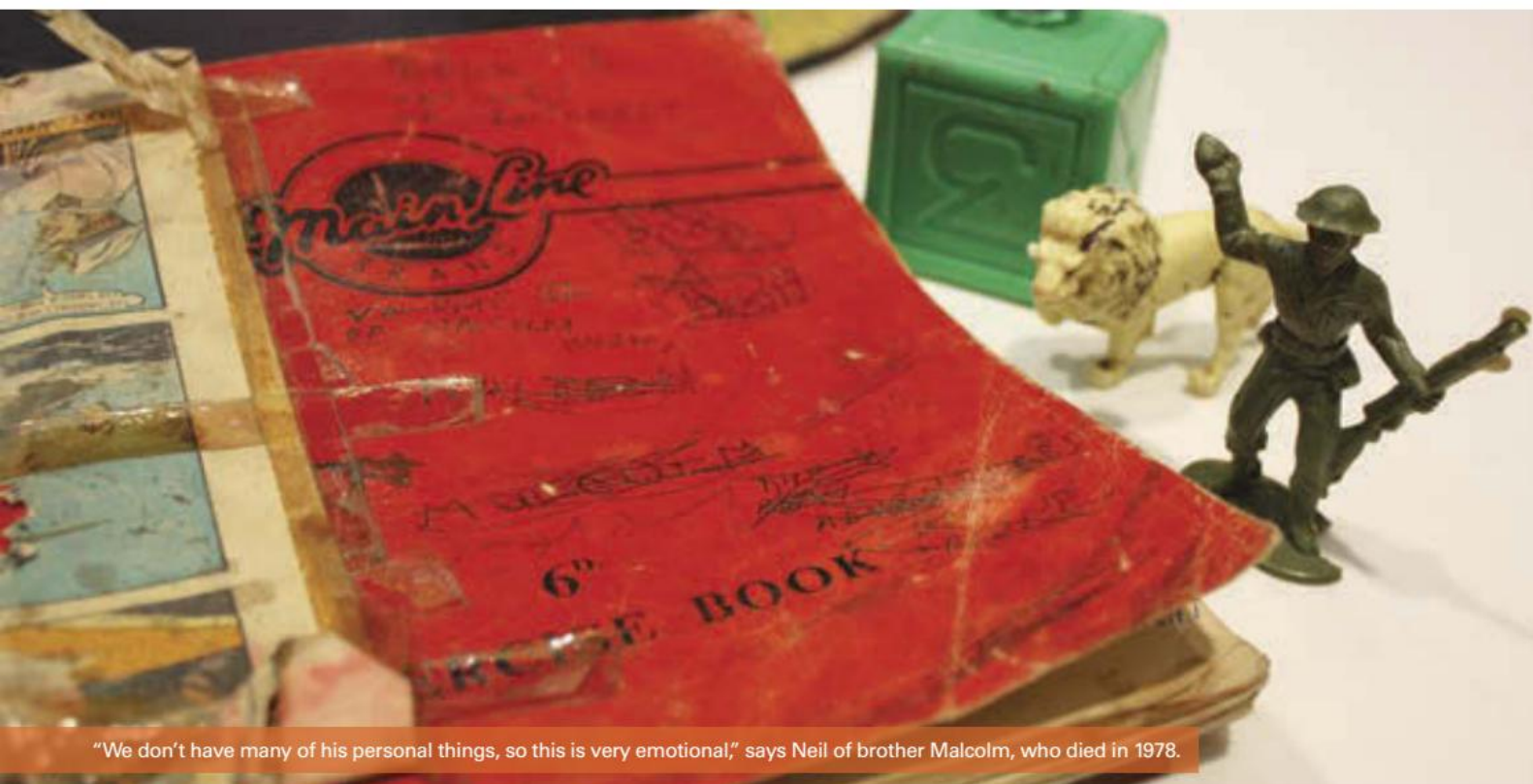
Polyaspartic Flooring
- coats and penetrates into concrete

Cabinets By Hayley
- 16 gauge steel construction
100% Canadian made

Saskatoon Custom Garage Cabinets
- 3/4" plywood cabinets 100% Saskatchewan made

Storage Solutions
- hand wall, accessories and overhead storage racks

Visit Our Showroom



"We don't have many of his personal things, so this is very emotional," says Neil of brother Malcolm, who died in 1978.

A couple of Neil's favourites are about a time machine, and a rocket ship going to the moon.

"If we could use that time machine, I would ask him where he got the ideas for his stories, and why did he hide these?" Neil wonders. "Now, 40 years after he died, I can't imagine what he'd think about the technology that allowed Kelly to find me in a few minutes so we could get his things back."

Temporary Custodians

As for Bert and Kelly, both feel obligated to try to find the original owners of anything discovered during a house demo or renovation. Even small trinkets might mean a lot.

"I think it's important to pass on anything we find that might be of interest to the homeowner. Artifacts provide some history and context. Maybe it provides another level of confidence with the contractor," says Bert. "Anything we find adds to the story of the house

and people who've come and gone."

Kelly agrees. "Absolutely, people should make the effort to return things they discover," she says. "Social media makes it easier to track people down, especially if you can locate even one name. Never assume something is just junk."

"We don't have much at all of Malcolm's personal things," Neil says. He carefully turns pages reinforced with aged yellow tape, and runs a fingertip over his brother's

diagram of a pyramid. "That's what makes having these so emotional, but so special."

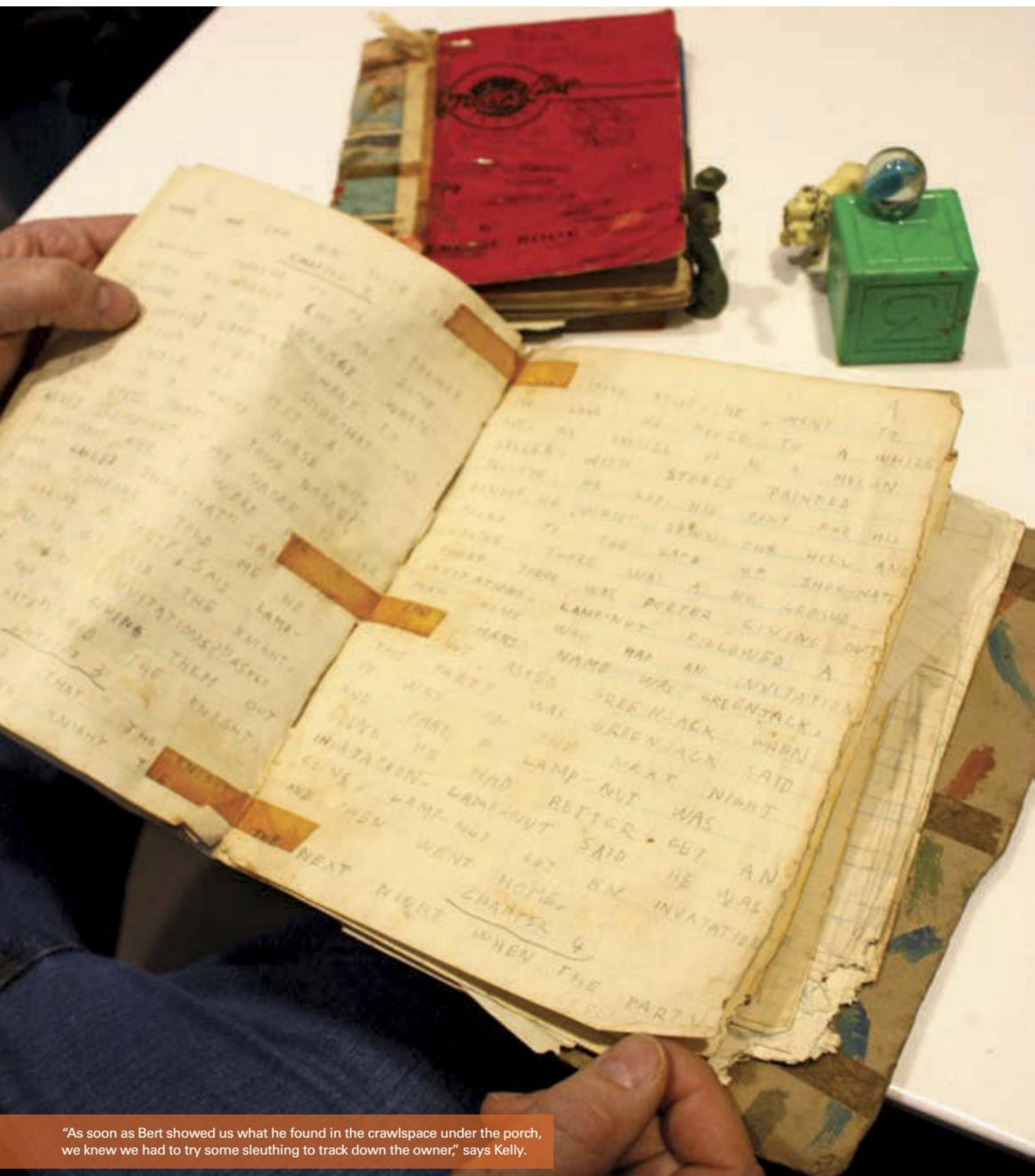
*For privacy, Malcolm's siblings asked that their last names not be used.

Home History Mysteries— a variety of discoveries

People always hope to find cash; many have! Other Saskatoon homeowners share stories about what they've found hidden in their homes. Turn the page to hear their stories. ➤

SASKHOUSES.COM

**SASKATCHEWAN'S LEADING
WEBSITE FOR PRIVATE HOME SALES**



"As soon as Bert showed us what he found in the crawlspace under the porch, we knew we had to try some sleuthing to track down the owner," says Kelly.

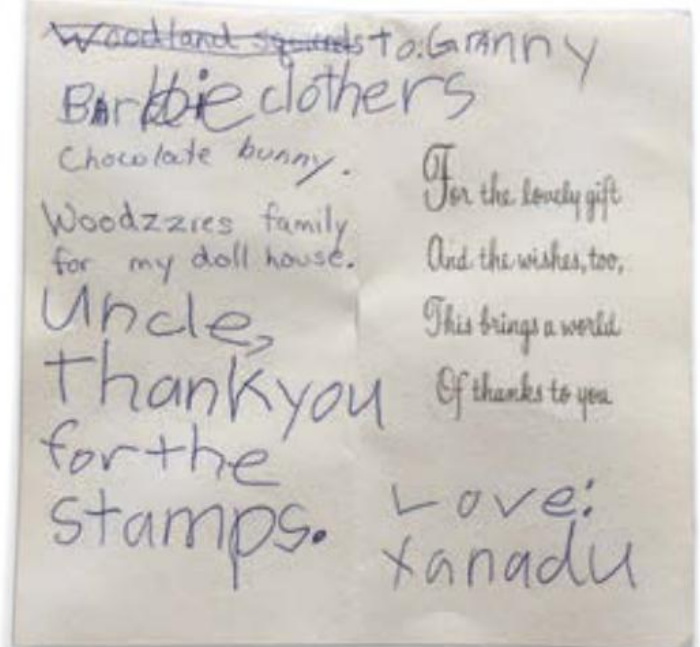
CARDS AND LETTERS

Julie and Josh bought a 500-sq. ft. Haultain bungalow, and planned an infill. When the cabinets came down, they discovered a pile of cards that had likely slipped down behind

a drawer over the years. The house, according to neighbours, once belonged to an elderly woman named Nettie. "I've done a bit of Googling, hoping to give the cards to

any remaining family members mentioned," says Julie. "But I haven't had much luck tracking down grandchildren Anastasia, Philomena, Natalia (also spelled Natalca) and Xanadu."

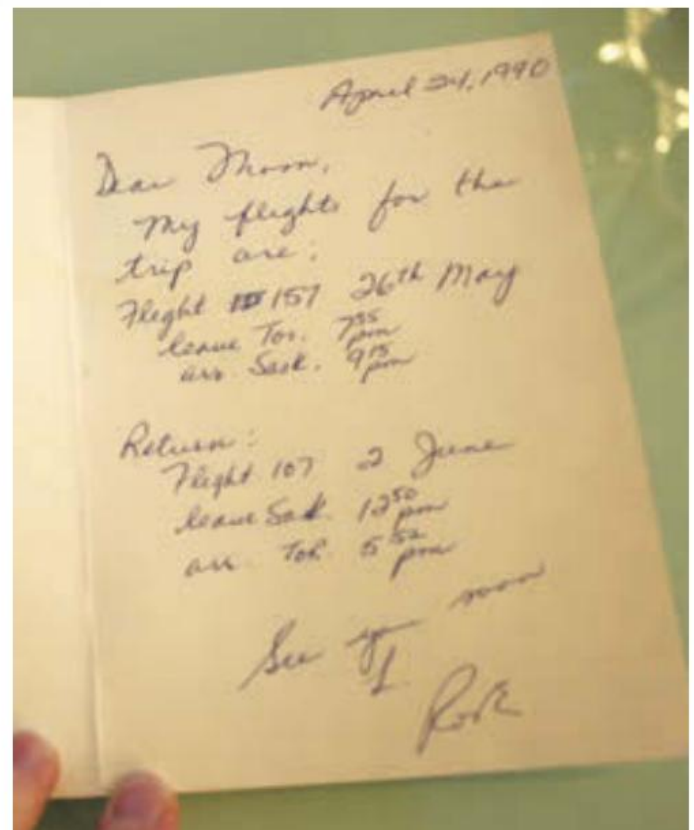
Julie has since learned Nettie's last name was Wagner (née Skowronski), and has found a family tree online.

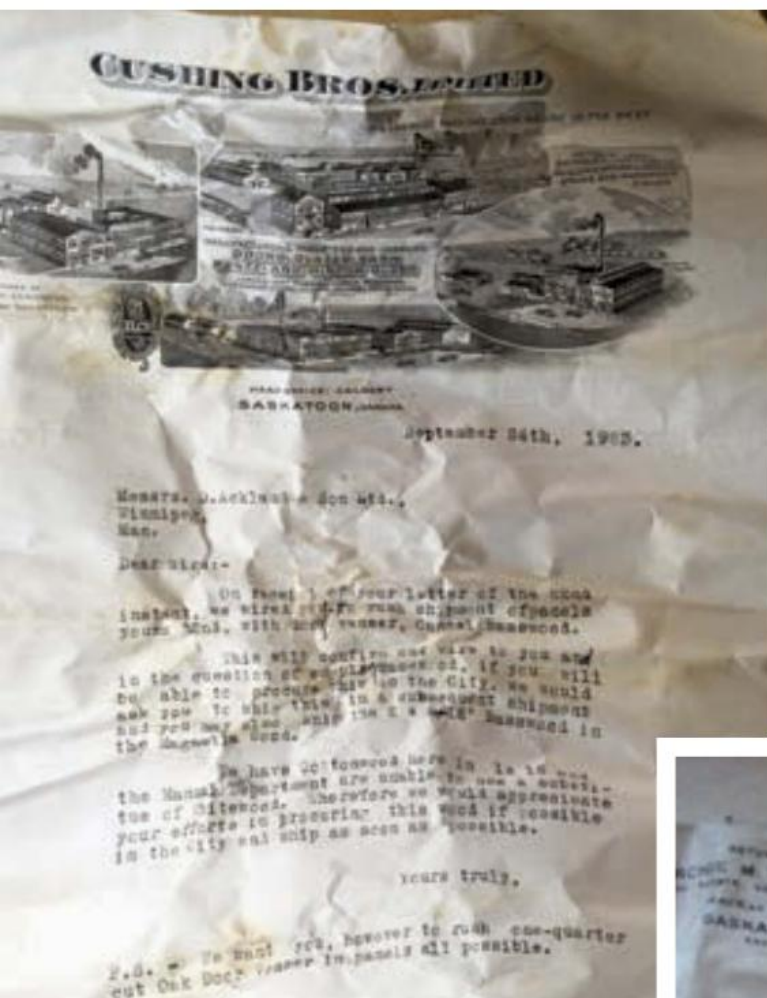


STAMPS AND COINS

Jocelyn knew her father collected stamps and coins. After he died, the house was sold and the new owners found some of each. "In his den, he had pulled some wooden slats loose from the windowsill and tucked coins inside. He put

money in the newel post on the stairs. The neurosurgeon thought he might have had brain tumours for 30 years, so there is no way to know what he was thinking. But we all knew he hid things." ➤





PAPERWORK, ODDS AND ENDS

Rick and Karin have a 1923 home in Nutana. When an original wall was dismantled, old sawdust insulation revealed treasures. Telegrams, letters bearing King George V two- and three-cent stamps, a September 1923 lumber order on ornate letterhead from Saskatoon contractor Cushing Brothers to a Winnipeg supplier. A perfectly preserved pamphlet extolls the virtues of Killakes pills, "The marvel tablet of the age, a medical discovery of the Great War."

FINE LITERATURE AND WHISKY

Jeff met the grandson of a stonemason who built the Pioneers Cairn. "His grandfather always hid something in whatever he built. When his father was tearing down houses where the Sheraton is today, they found a bottle of scotch hidden in a fireplace built by the grandfather." A racier discovery in Jeff's own house, sealed above ceiling tiles in the basement bedroom, was a mint-condition March 1967 *Penthouse* magazine. It wasn't sold in the U.S. then; this was a UK publication (75 cents in Canada).



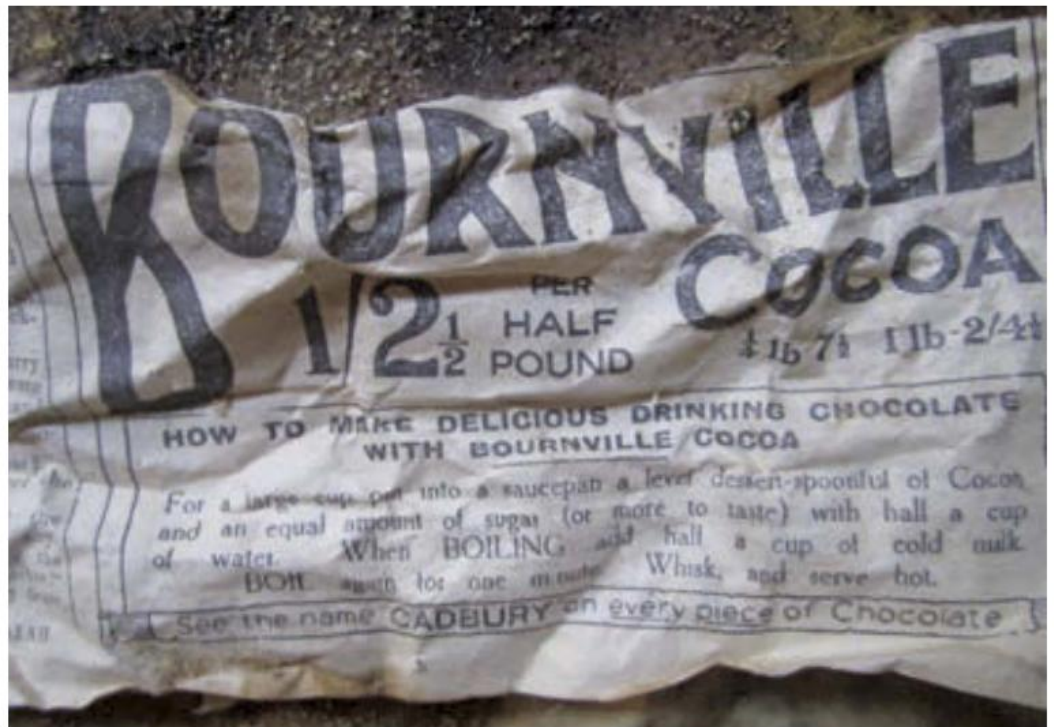
NAUGHTY NOTES

Danny started renos on an old house and found a letter a man had written to his wife. "It was probably in the very early stages of their marriage. It was vaguely naughty, suggesting how he promised to keep her happy. During later upgrading, we pulled off the old electrical panel. Stuffed into the wall behind it were crumpled up porn articles. We didn't really know what to make of the combination."

THIS COW IS A LARGE COW

While doing kitchen renovations in a Saskatoon 1911-built home, *Martin*, a carpenter with Delonix Homes, discovered a letter inside an envelope, tucked into wood chip wall insulation. He carefully removed it, framed it and presented it to the homeowners, who were thrilled. The May 19, 1920 letter, with a three-cent King George V stamp, was from a farmer to the original homeowner: "In reply to yours of 19th about fresh cow this cow is a large cow well Bred Dairy short horn eight years old has been dry since last Oct fresh four days has just taken calf of her to-day so hard to say about milk i might say fourteen quarts a day it all depends on how she is fed she can be made given a lot of milk for she has made 15 lbs of Butter in one week price \$125. I live eleven miles north west of Saskatoon... Yours truly, Jas. Fletcher." (H)

Karin Melberg Schwier





MULTI-GENERATIONAL LIVING

Three Generations Under One Roof

"Do you guys get along?"
"Don't you get on each other's nerves?"

"I can't believe you would actually live together with your son and daughter-in-law."

Those were just a few of

the remarks Kate Beattie heard when she told friends she was living under the same roof as her next-of-kin.

But for Kate, the living arrangement was nothing new. While her son and daughter-

in-law, Jeremy and Sheena Sinclair, were renovating their 1956 Grosvenor Park bungalow, they lived temporarily in Kate's town house. When their renovation wrapped up, the couple, their son George and Kate all

packed up and moved into the bright, beautifully modernized home.

Sheena says the idea was sparked mid-renovation. "Living with Kate, we got in the groove of cooking together

RESIDENTIAL DESIGN & DRAFTING SERVICES

CUSTOM
HOME DESIGN
ADDITIONS &
RENOVATIONS
LIGHT
COMMERCIAL
AWARD
WINNING
SERVICE



Phone: (306) 373-3805



#110 - 4002 Arthur Rose Ave, Saskatoon

www.cadvantagedesign.com

PUSH, TURN, SHOWER

GROHE SMARTCONTROL

This luxurious shower experience features direct outlet control, personalized volume setting and a removable glass tray.
grohe.ca

**the
Plumb Shoppe**

2225-B Avenue C North
Saskatoon, SK

306.249.4000

www.theplumbshoppe.com

GROHE

*Pure Freude
an Wasser*

JULIE BARNES **LILLIAN LANE**

and sharing. At that point, the plan wasn't necessarily to develop this home for her to move into, but as we were living with her we realized it just made sense."

Once Kate was on board,

there were a number of decisions made that ultimately resulted in a comfortable, functional, multi-generational family home. As co-owners of Bella Vista Custom Kitchens and Renovations, Sheena ➤

The kitchen was designed with the comfort of many cooks of all ages in mind.



and Jeremy managed the renovation, but often looked to Kate for input. The basement was developed and deemed “the nanny suite,” but not in a *Mary Poppins* sort of way.

To George, Kate is Nanny not Grandma, a name that signifies her Scottish ancestry.

Kitchen Considerations

“Sometimes you don’t want

to be right in the middle of the family chaos,” says Sheena. For that reason, they installed a kitchenette in the basement family room. A small fridge, coffee maker, sink

and microwave were added, says Sheena, “so Kate could pour a cup of coffee, read, watch a little TV—whatever she wanted.”

Meals, however, are enjoyed

MORE HOME
MORE SPACE
MORE COMMUNITY



southkensington.ca



SOUTH KENSINGTON
a community by **dream**

**MORE OF EVERYTHING.
FOR LESS THAN YOU IMAGINED.**

CONDOMINIUMS from \$267,900
SEMI-DETACHED from \$299,900
SINGLE-FAMILY from \$329,900

Located in west Saskatoon, South Kensington is a 140-acre master-planned family community that offers more of everything. Wider lots, bigger homes, closer retail, prettier parks, faster commutes, and a friendlier neighbourhood...in short a better quality of life. **Welcome home.**



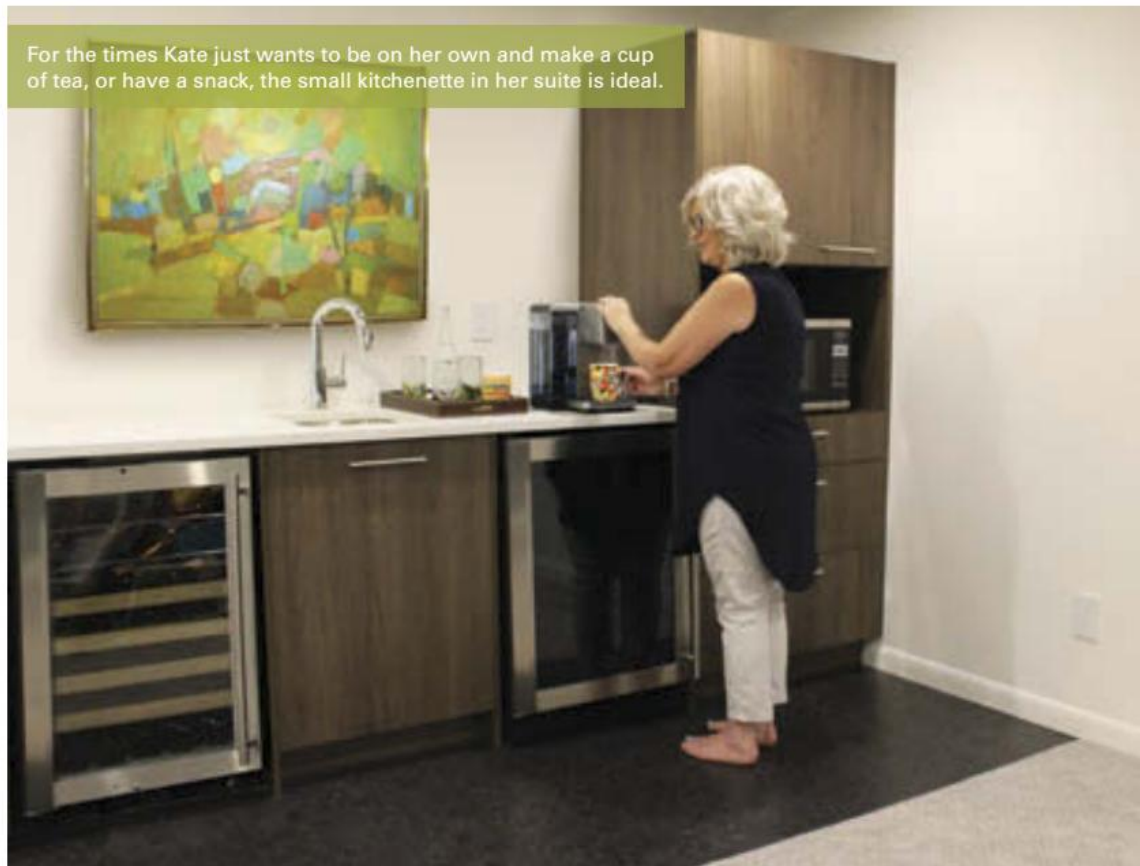
upstairs as a family. "We all love to cook," says Sheena, adding that the kitchen layout makes it easy for everyone to get involved in meal prep. "If someone's doing prep and Jeremy's getting ready to barbecue, it has multiple stations so we're not stepping on top of each other. And George likes to get in and help too—so four cooks in the kitchen."

Bedrooms and Baths

Kate's bedroom was designed with a spacious ensuite bathroom complete with walk-in shower. In fact, Jeremy and Sheena turned to Kate to decide between a walk-in shower versus a tub. "We were designing it for her, so we wanted to ensure her needs were going to be met," says Sheena.

Down the hall from Kate's room is a guest bedroom ➤

For the times Kate just wants to be on her own and make a cup of tea, or have a snack, the small kitchenette in her suite is ideal.



CARPET
Superstores™

IS NOW

FLOORING
SUPERSTORES

luxury vinyl plank • hardwood • laminate • cork • tile • carpet • area rugs

**Brand name flooring
at a great value!**

SAME local owners

SAME amazing service

**SAME knowledgeable staff to help
with your install or DIY projects**

EVEN MORE in-stock products

**EVEN MORE buying power to pass
amazing prices onto our customers**

SAME easy access location:

3530 Millar Avenue
(Millar, North of 60th Street)

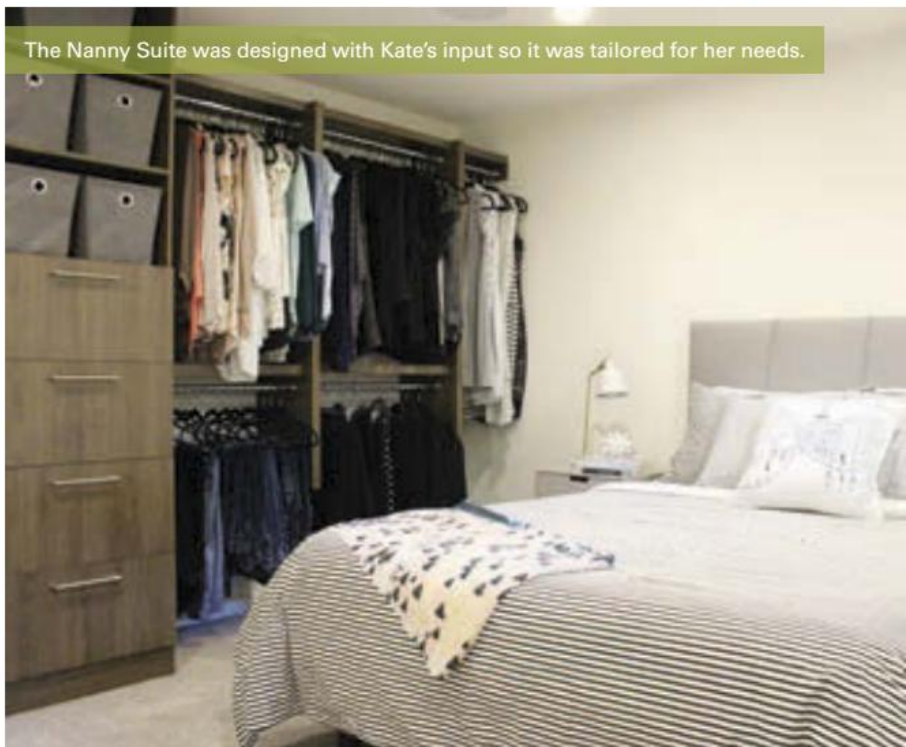
www.carpetsuperstoressaskatoon.ca
306-653-3899



Having distinct areas both in and outside the home allows everyone their own space when needed.



The Nanny Suite was designed with Kate's input so it was tailored for her needs.



and separate bathroom. Sheena and Jeremy frequently host overnight guests—as has Kate—so this set up offers privacy for everyone.

Custom Storage Solutions

One of Kate's favourite design features is the bedroom closet Sheena designed for her. "The closet space is amazing because Sheena designed it based on the clothing I own." Sheena adds, "We talked about things like the closet design together—what her storage needs were, long hanging versus short hanging and that kind of thing."

Smart storage solutions were also incorporated upstairs. A natural walnut bench in the living room doubles as storage for George's toys. "When we're entertaining, we want it to feel like an adult space," says Sheena. "Also, if everything's tucked away, Kate can feel that she's in an adult space herself—not living in a kids' room tripping over toys."

Personal Touches

Although Kate's move required downsizing, some of her furniture complemented Sheena and Jeremy's mid-century modern style. Heirlooms like her antique sewing table now take pride of place in the entry. "It's nice to have these pieces in the living space," says Sheena, "so that she's able to enjoy this antique furniture that's sentimental to her—it's just nice to help her feel at home as well."

Laundry Location

The location of the laundry room was another practical design element. It was positioned near the top of the stairs to the basement so that Kate wouldn't have to walk through the entire house to do ➤



With clever storage design, George can put his toys away when his parents and Nanny are entertaining. He learns how to be tidy, and they can feel like they're in an "adult space."

DINO BOX

WE RENT MOVING BOXES



- ☒ 2 WEEK RENTAL
- ☒ DINO BOX DOLLY
- ☒ DINO BOX LABELS
- ☒ FREE DELIVERY & PICKUP

OF NESTABLE MOVING BINS

www.dinobox.ca

- BOOK ONLINE -



her laundry. It's also easily accessible to the bedrooms upstairs.

Multi-Generational Space Considerations

For their particular situation, a separate entrance for Kate wasn't necessary, but Sheena says it's something people may want to consider, depending on the level of privacy required. A separate, full kitchen might also be the right choice for other families thinking of building or renovating a multi-generational home.

Jeremy explains that they didn't install aging-in-place features such as bathroom grab bars, because Kate is still young and active. "That was

one of the comments I said to her: 'I'd rather you stay with us now, save some money and travel.' You can't necessarily do that when you're 75 and can't climb stairs. In my opinion, the timing is better when you're younger."

Kate travels several times a year, often for weeks at a time. That's one factor that made the living arrangement ideal, she says. "You don't have to worry about anyone looking after your place or checking on it, because you've got somebody who is right there doing that."

A Win-Win

In-law relationships are often



the stuff of sitcom fodder, but this family couldn't be further from the Marie, Ray and Debra dynamic on *Everybody Loves Raymond*. When Kate's friends ask how they make it work, Kate says, "'Sheena is like a friend and daughter to me. We're very alike."

As a registered nurse, Kate often works evening shifts, which meant there have been days she's been able to pick up George from daycare and start preparing supper before Sheena and Jeremy return from work.

"We've had lots of meals waiting for us when we got home from work, which is fairly fantastic," says Jeremy.

Despite the astonished reactions she's received, Kate anticipates multi-generational living becoming more popular over time. She views it as a win-win, and says it's been great for her relationship with her grandson. "Young people are so busy these days, and if there are children involved, having somebody like a grandmother there, what could be better?" (H)

Julie Barnes

www.dinobox.ca
- BOOK ONLINE -

YOU NEED DINO BOXES WHEN:

- ✓ MOVING HOMES
- ✓ MOVING OFFICES
- ✓ TRADESHOW SETUP



DINO BOX
WE RENT MOVING BOXES

Willowgrove Dental



General Dentistry & Emergency Patients Welcome

OPENING FALL 2017

***Across from Holy Family & Willowgrove Elementary Schools**

Call us

to book your FALL appointment
at *Willowgrove Dental*

or in the meantime

Come see us

at *Kenderdine Dental* (306-978-6588)!

**107 – 412 WILLOWGROVE SQUARE
SASKATOON SK S7W 0T4**

306.978.0050





 **ASHLEIGH MATTERN**

RADON ON THE RISE

Testing for an Invisible Killer

Why should you care about the radon levels in your home? Radon is a radioactive gas created from the natural breakdown of uranium. Exposure to excess amounts is a major cause of lung cancer, second only to smoking. And the odourless, colourless, radioactive gas can collect in your home with no warning signs. The only way to know how

much radon you have inside your home is to test for it.

Radon test kits are now much more easily accessible than in years past, with organizations like The Lung Association making them available at a nominal cost. "We would like people to understand the importance of it," says Jennifer May, vice-president of health promotion with The Lung Asso-

ciation. "Just as you would use a carbon monoxide or smoke detector, we want you to think about radon detection."

Jennifer says Saskatchewan is a hot spot for radon in the country. In 2012, the Government of Canada conducted a Cross-Canada Survey of Radon Concentrations in Homes, and found Saskatchewan, Manitoba, New Brunswick and the

Yukon had the highest percentages of participant homes that tested above the radon guideline. About 1,200 households in three health regions in Saskatchewan participated in the study.

Radon is measured in Becquerel's per cubic metre (Bq/m³). Under 200 Bq/m³ is considered an acceptable limit by Health Canada's stan- ➤

"OUR RADON LEVELS ARE HIGH. NOW WHAT?"

Repairs usually cost from \$50–\$3,000, and may require this work:

- Paint basement floors and walls, and use a sealant.
- Add polyethylene sheets to basement walls.
- Seal cracks and openings in the walls, floors and drains and pipes.
- If basement floor has a sub-floor, make sure it is ventilated.
- Replace an earth floor with a concrete floor.
- Increase the ventilation where radon may accumulate.
- Install sub-slab ventilation, which exhausts air from beneath basement floor.

From The Lung Association.

Once the bag is open, the detector is "on." Don't tamper with or remove the lid.



dards, though Jennifer says testing should be done every three to five years as the conditions that cause radon accumulation can change. If you test between 200 and 600 Bq/m3,

you should making changes to your home in the next two years; if you test over 600 Bq/m3, you should address these issues in your home within one year.

Radon levels will never be zero, but some houses will see numbers as low as <20 Bq/m3. On the opposite end of the spectrum, Jennifer says they have seen numbers in Saskatoon in the >1,000 Bq/m3 range.

The Lung Association has partnered with the Saskatchewan Research Council (SRC) to provide the test kits. Unlike cheaper test kits that you might find in a hardware store, the price of these kits includes the analysis from the SRC.

Jeff Zimmer, SRC laboratory manager, says increasing awareness for the problem is key because radon is not something you can perceive with your senses. That awareness is improving. Jeff says the SRC has been doing radon testing since the late '80s, but back then they only received 20 to 100 tests per year. Now they receive thousands. ➤

BUYING A NEW HOME?

PROTECT YOUR INVESTMENT

Now
up to
10 years!

**10 YEAR
COVERAGE**

Choosing a builder who belongs to the New Home Warranty Program ensures your new home is protected from problems that can occur with new buildings.

You will be covered for*:

- Your initial deposit up to \$50,000 if the builder defaults
- Defects in workmanship or materials for the first year
- Exterior water penetration for two years
- Major structural defects for ten years

Located in Saskatoon to serve you better!

*For homes enrolled or condo projects approved after January 1, 2017
This is not a complete description of coverage. Contact the New Home Warranty Program of Saskatchewan for warranty details.

www.nhwp.org

#4 – 3012 Louise St. E, Saskatoon (306) 373-7833

WHAT IS RADON?

Radon is a radioactive, colourless, odourless, and tasteless gas. It's formed through the natural radioactive decay of elements like uranium found in soil, rock and water. The gas escapes from the ground into the air, and can be a problem if it becomes trapped in a closed-in space like a house. Inhaling radon damages the lungs, and long-term exposure can lead to lung cancer—radon is the second leading cause of lung cancer after cigarette smoking.





BARIL

styles that inspire

Driven by passion for the unconventional, Baril excels in the design and manufacture of faucets. Visit our showroom to explore the latest Baril collection.

Kitchen & Bath
CLASSICS

649-51 Street East
Saskatoon, SK, S7K 7J7
306-933-2237

Mon-Fri 9:00am - 5:30pm
Sat: 10:00am - 4:00pm

kitchenandbathclassics.com



A **WOLSELEY** SHOWROOM

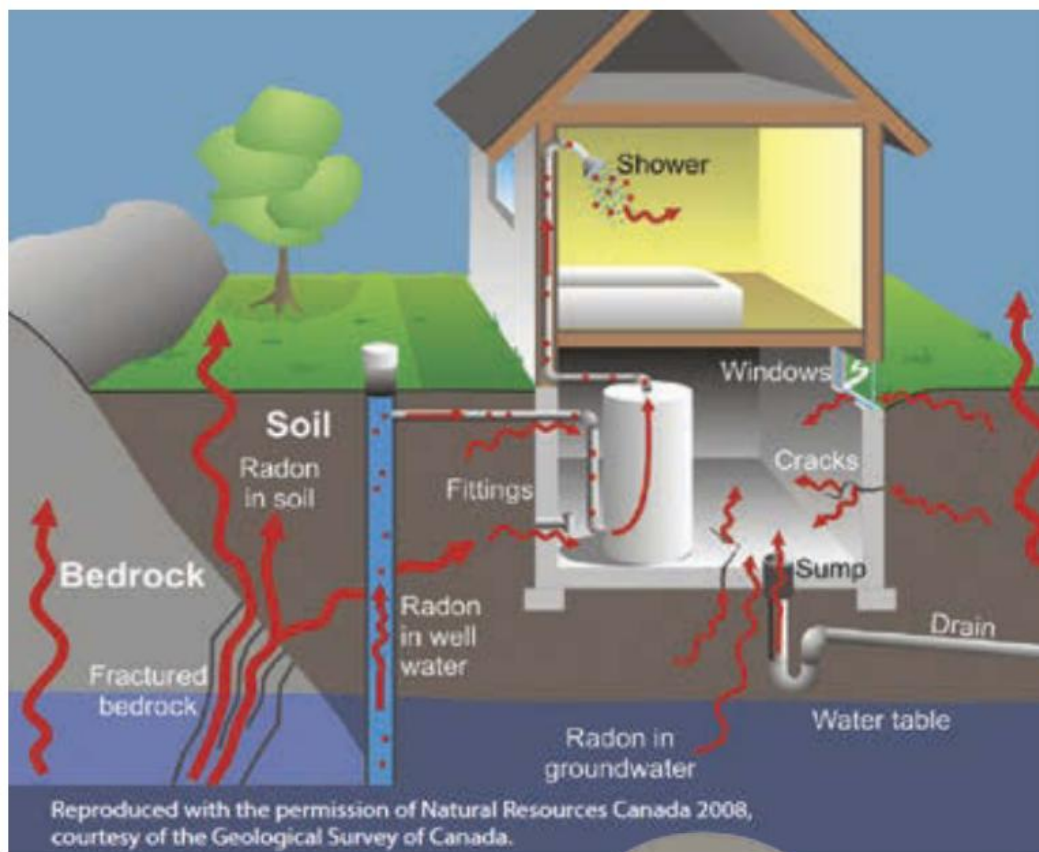
It's important to note that even if your neighbour's test came back under 200 Bq/m³, you still need to test your own house. "Radon is sporadic, and it depends on so many factors," Jeff says. "Your house could be fine and your neighbour's could be sky high."

The soil around the house has a big impact because that is most likely where the radon is coming from. But soil can be uniform in some places and varied in others. For example, what if the back-fill for a house came from elsewhere? The way the house was built can also influence the amount of radon collecting in a house, especially for older houses.

Radon can get into a house through cracks in the foundations or walls, gaps in suspended floors or around service pipes and cavities inside walls. Airtight buildings with poor ventilation are at the greatest risk for radon exposure.

Building codes were put in place in 2010 to protect against radon accumulation, so it might not be a problem in newer homes, though it is still important to test.

If the levels are high when you test, don't panic. "It's not like you can no longer live



in your house, but you might have to invest some money to fix the problem and make sure everyone living there is safe into the future," says Jeff. (H)

Ashleigh Mattern



HOW TESTING FOR RADON LEVELS WORKS

It's best to test for radon over fall and winter, when there is less air movement in your home. Test kits (which include the testing canister and lab testing) can be bought at The Lung Association for \$50 (price at time of printing).

1. Place in your house's lowest level where you spend a minimum of four hours per day.
2. Choose a spot in an open area; keep it away from the floor, wall, ceiling or other objects.
3. Avoid placing it in a room with high humidity, like a laundry room, bathroom or kitchen.
4. Place away from heat sources, like a furnace or blowing air, like a window or vent.

5. Do not place the detector near a sump pump or floor drain.
6. Once the bag is open, the detector is "on." Don't tamper with or remove the lid.
7. Leave the detector in your chosen location for three months.
8. Put the bag the test came in somewhere you'll remember, and record the dates of testing.
9. After three months, put the test container back in the bag, and send the kit to The Lung Association. You'll get your results in three to five weeks.

BIRCHMONT

TOWNHOMES

TWO-STOREY TOWNHOMES IN LAKE VISTA, MARTENSVILLE

1240 SQ. FT. | 3 BEDROOMS | 2.5 BATHROOMS | ACROSS FROM 2 NEW SCHOOLS

**YES
YOU CAN
AFFORD
YOUR OWN
HOME**

WITH BACKYARD FENCE, LAWN AND DECK INCLUDED

STARTING MID
\$200's
PRE-CONSTRUCTION PRICING



Show Home at 101 Codette Lane, Lake Vista in Martensville

Mon-Thurs: 6-9 PM | Sat, Sun & Holidays: 1-5 PM

For more info call or text Jess at 306.227.1658 or Thabitha at 306.716.2293.



306.242.2434 | northridge.sk.ca

MARKETED BY: **North Ridge**
DEVELOPMENT CORPORATION





 JULIE BARNES

BRIDGING THE GAP BETWEEN DIVORCED HOMES

Co-parenting Tips for the Consciously Uncoupled

Nearly 50 per cent of common-law relationships and marriages end in separation and divorce in Saskatchewan. Lana Wickstrom feels it's time for us to shed the shame we often associate with relationship breakdown.

"This phenomenon has been happening for decades and

it's not slowing down—it's a reality in our society. We need to deal with it openly without shame, blame and guilt," says the separation specialist, social worker, mediator, coach and former family law lawyer.

The majority of Lana's clients have a lot in common: they're between 35 and 50 years old

and raising children under the age of 10 in dual-income households.

Divorce rates peak during the primary child rearing years, says Lana. "Those first 10 years are hard. They coincide with parents being around the ages of 35 to 50, when your careers are the most

demanding and your children are the most demanding. It's a very stressful time."

As every parent she coaches shares the same desire to ensure their kids are as minimally affected as possible by their separation, Lana has several best practices she shares with her co-parenting clients.



Having separate households doesn't have to mean turmoil for children. In fact, there are some specific strategies to turn the transition back and forth into a comfortable routine.

Sharing Your Separation

"First and foremost, make sure everyone involved in providing care and support to your children is aware of the transition," says Lana. That means advising teachers, coaches and parents of your children's friends. Anyone providing care "needs to be aware of those circumstances in case there are some behavioural issues or energy differences in the children." Lana encourages her clients to brainstorm about who needs to know, and work together as co-parents to craft the message.

It's also a prime opportunity to request that both parents be listed as contacts for any outgoing or incoming communication. "There are two families involved now—that means two email addresses on the contact information and two people listed as the emergency contacts, for example. Both parents need to get equal access to information from the school, the extracurricular activity and

from the service provider. If we leave that responsibility to one parent, there's too much room for error."

Colour-Coding Calendars

Whether it's a shared Google calendar or a printed version of one in your child's school agenda, colour-coding to indicate days that are with Mom (yellow, for example) and days that are with Dad (green, for example) is a helpful visual tool Lana suggests to her clients.

"Many separated children feel like they are moving and transitioning a lot, so let's give them some control—even visually." She says this allows children "to be able to say, 'I can figure this out for myself: where I'm going tonight or what bus I need to go on. Monday is blue—that means I'm going home with Dad.'"

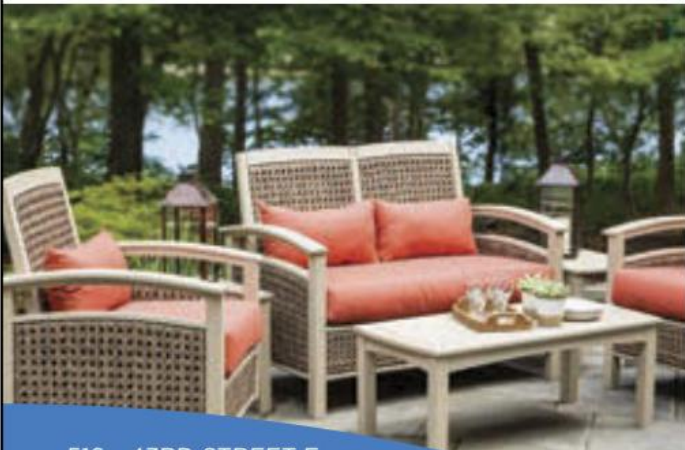
Lana also encourages her clients to review the upcoming year's school calendar as soon as it's released (often at the end of March). Using this tool to guide planning helps ➤




**30
-50% OFF**

ALL IN-STOCK FURNITURE!

20 YEAR WARRANTY

516 - 43RD STREET E
306-931-2885
www.steelmet.net

Maintaining similar routines in both households makes it easier for children to anticipate events and activities.



plan ahead for holidays and breaks. Take note of when the PD days are, she says, and “start blocking off your calendar in red all the days that the kids are off school. If we haven’t troubleshooted who is parenting and what the plan is for that child that day, and we’re leaving it until the Thursday night before—that’s not good for your child.”

For tech-savvy parents, paid apps like Coparently allow users to create shared colour-coded custody calendars with features such as guest access (for children and caregivers), alerts and drop off and pick up scheduling.

Establishing Routines

Children need routines and can benefit from having the same rules and expectations whether they’re living with one parent or the other. Bath time, sleep schedules and mealtimes

should remain the same at each parent’s home, whenever possible, says Lana. “Is there some general consensus that the two of you can come to about putting your kids to bed at 8 p.m.? We know how much sleep kids need—it’s usually between nine to 12 hours depending on their age. But let’s do some research about that if you have a difference of opinion about what time the kids should go to bed and find something consistent that will benefit your children. Decreasing adjustments between the households increases children’s ability to process their circumstances.”

Significant life transitions like separations and divorce also require parents to establish new routines. “I encourage co-parents to have a regular check in with their child,” says Lana. “Go through the expectations for the day at drop off

Coming up with a packing plan and a specialized bag that goes back and forth can limit the potential for items being forgotten when children transition from one house to another. To alleviate stress, both homes always should have certain special and necessary items on hand, such as toiletries, pajamas, etc.



whether that's when you're sending your children on the bus or dropping them off at school or daycare. It becomes a ritual." Lana says a check-in can be as simple as saying to your child, "Today is Monday. What do we do on Mondays?" and allowing the child to respond accordingly, for example, "On Mondays, Dad picks me up and takes me to soccer."

Getting it in Writing

Communication about the children and your co-parenting plan is best kept in writing, whether that's between co-parents, or between parents and caregivers. And no, it's not about creating an evidence trail, says Lana. It's simply more convenient to have practical information at your fingertips. This is especially useful for teachers who "have 25 other kids in their classroom; the statistic being that half of those

are co-parenting families. It's about helping everyone have reference to be able to help themselves."

Changing the Narrative

Lana says it's time to challenge the pervasive and assumed narrative that separation has to be ugly. "We just default into this HBO dramatic three-part series mindset or mentality. We associate it so heavily with drama, court battles and disgusting behaviour." Although not everyone may be initially capable of a healthy co-parenting relationship, many of Lana's clients eventually get there.

"If we can give separated parents the gift and opportunity to be able to say, 'It's okay. Relationship breakdown happens.' Separation and divorce isn't necessarily and by default the negative factor: it's how people choose to navi-



gate and the decisions they make as they're separating and divorcing that can be that negative doom and gloom."

Armed with this knowledge and by establishing and prioritizing co-parenting best practices, co-parents can change

their perspective. Instead of thinking, "I'm doing this *to* my kids," says Lana, they can say, "I'm doing this *for* my kids." (H)

Julie Barnes

The perfect fusion of luxury and affordability

Kensington
FLATS

South Kensington


URBAN FLATS
Evergreen



MOVE-IN READY CONDOS

- Underground Parking ✓
- Air Conditioning ✓
- Pet Friendly ✓

1 BEDROOMS
starting at
\$187K

2 BEDROOMS
starting at
\$242K

 innovative residential.ca

Come visit or call us now!
306.500.1094



WOULDN'T LEAVE THE KITCHEN WITHOUT IT

Chefs, Cooks and Critics Show Off Their 'Must Have' Kitchen Tools and Gadgets

Monkeys do it. Crows and magpies do it. Sea otters, elephants, ants and wasps.

Many clever species work out hunting and gathering problems and other dinner difficulties by fashioning and using tools. Humans look for

just the right thing to navigate the jungles of food prep. Whether it's a sentimental salt-shaker or the latest showpiece steam oven, everyone has their favourite device.

When chef Anthony Bourdain had a layover in Paris, did he

climb the stairs at Notre Dame or stand in queue to see the Eiffel Tower? No. He made a beeline to an upscale kitchen supply, bagged a coveted and undoubtedly expensive duck press—"the most medieval of all kitchen tools"—and hauled

it home on the plane. Goes to show the lengths some cooks will go to for a 'gotta have' gadget.

The Critical Ingredients

Having the right tool for the job can reach fanatical heights



 **KARIN MELBERG SCHWIER**

and even sink into superstition. Michael Smith, one of Canada's best-known chefs, is passionate about simple, sustainable home cooking. Chef Michael visits Saskatoon often and raves about Saskatchewan lentils.

HOME's Sample Platter

To inspire all the home chefs out there, we serve up an inspirational smorgasbord with our celebrity chef Michael Smith, and several Saskatoon professional chefs and home cooks. ➤



**ENGINEERED FOR THE WORLD'S
HARSHEST CLIMATES**

**DESIGNED AND TESTED
TO PERFORM IN THE MOST
SEVERE ELEMENTS**

BUILT IN CANADA FOR CANADA

**603A 51st Street East
306-477-4688
arctichottubssaskatoon.ca**

TRADE IN WELCOME

CHEF MICHAEL SMITH

OWNER, THE INN AT BAY FORTUNE/FIREWORKS FEAST
THE HOST OF *CHEF MICHAEL'S KITCHEN*, *CHEF AT HOME*
AND *CHEF ABROAD*, AND WEB SERIES *LENTIL HUNTER*

"Of the many gizmos and gadgets that come and go from my kitchen regularly this is the only one that starts my day, every day. My restaurant-grade high-powered blender. Personally I have a Breville Boss, and it delivers a delicious nutrition-packed smoothie to my family each and every morning. I also get a bonus creative boost as I start my day concocting something different from the day before while adding to my ever-evolving smoothie repertoire. I love my blender!"



Photo: Chef Michael and assistant Cordelia Belle by Sam Afram



Photo: Chef Rich Francis

CHEF RICH FRANCIS

TOP CHEF CANADA SEASON 4 FINALIST
SEVENTH FIRE MODERN INDIGENOUS CUISINE

"Tom Littledeer in Montreal makes handmade wooden kitchen tools. All one-of-a-kind and organic. In this line of tools, he has these smaller tines [much like long tweezers] that have become an extension of myself in the kitchen because of their durability and versatility. From prep at the stoves to intricate plating and as a table utensil, they've become a staple in the Seventh Fire kitchens and dinner tables."

WRITER CRAIG SILLIPHANT

SASKATOON HOME FOODIE

"My favourite gadget is simply, a good knife. I have a few, but my go to is a Wusthof nine-inch Cook's Knife. It's precision-forged from a single piece of high carbon stainless steel, with a handle made from one of the hardest woods in the world, African Blackwood. It's an all purpose knife, as good at slicing and dicing as it is cutting dense items like sweet potatoes. A good knife makes prep a pleasure, almost a Zen activity. I treat it like a Samurai would treat his sword; I keep it clean and I sharpen it consistently. I nag my wife if she uses it and leaves it on the counter, dirty, for more than two minutes."



Photo: Craig Silliphant



NOW THAT'S SHARP

When you get a new garage door, they'll notice.

With one of the largest product catalogues in Western Canada, we'll help you find the perfect fit for your home, style, and budget.

Get a whisper-worthy lift today.

Contact us at 306 700 5421.

 **CREATIVE DOOR** | master the remarkable™
creativedoor.com

Easy As:



1 CUT PANELS WITH SAW



2 LINE BRICKS AND SCREWS TO ATTACH



Modern Brick Pencil Lead



Stacked Stone Dark Brown



Stacked Stone Grey Blend

ESTD 2008

QUALITY STONE

— DO IT YOURSELF —

FIND A DEALER: info@instoneproducts.ca or 1.877.477.4373

BETTER

OUTDOOR

LIVING



SUNCOAST



ENCLOSURES™

Suncoast Enclosures offers a 3 season or screened in out door area, that allows you to enjoy your deck, pool, spa or patio without the sense of being enclosed in an indoor space.

These esthetically pleasing and durable enclosures protect you from the wind, hot sun, rain and the nuisance of annoying and dangerous insects.

With three types of screens and several roof options, even a Powered Louvered Roof, Suncoast provides custom building options for all our customer's needs. Each of our enclosures is custom built on-site and is engineered to withstand all types of Saskatchewan weather, ensuring the enjoyment of your spa or barbecue all year long.

Proudly serving ALL areas of Saskatchewan!

www.suncoastenclosures.com | Phone: 1.877.449.5106 | Email: skadmin@suncoastenclosures.com

BAKER BRYN RAWLYK

THE NIGHT OVEN BAKERY

"When you work as a bread baker, an oven peel is an essential tool. A small one for your home oven or a bigger one for your nine-foot dome brick oven are both used to slide shaped dough into a hot oven. Snapping the dough off the peel is an exciting skill to learn. Each day, they are used to load and unload over 200 kg of dough while sliding across dense firebrick. We know it's time to replace them when the baguettes don't fit on them anymore, about every six months. The smaller one was a gift from my wife, Beth Cote, early on in my baking career. I keep it in our kitchen to remind myself that everything starts somewhere."



Photo: Logan Hryciw, Night Oven Bakery

CHEF CHRISTIE PETERS

PRIMAL AND THE HOLLOWES

"My vintage Le Creuset pot. These enameled cast iron pots last for generations. They have a heavy bottom which allows for even distribution of heat, so sautéing garlic and onions or searing meat can be done like a pro. Mine was my grandmother's. It's the perfect size to cook a family meal at home. I don't care that the knob is broken. This pot makes me feel like I'm in an old European kitchen."

CHEF KYLE MICHAEL

PRIMAL AND THE HOLLOW

"A sharp chef's knife. Doesn't matter what kind of knife it is; it can be any old knife. It doesn't cost much to get it professionally sharpened, but it makes all the difference in the world. Everything is easier with a proper sharp knife."



CATERER D'REEN

D'REEN'S CATERING AND KITCHEN SOCIALS

"My first Kitchen Aid mixer lasted 20 years. I still have her even though I'm now on my second. I did all my desserts, and attachments let me grind meat, make sausage, pasta. I would seriously kiss her every night; it's the only girl love affair I've ever had! I bought her from Geanel Restaurant Supplies in 1988 when I was catering out of my house. I couldn't have done what I did all these years without her."



RESTAURANTEUR CORALEE ABBOTT

CITY PERKS COFFEEHOUSE

"My favourite is the almighty multi-functional grater. I'm a mom and I magically hide vegetables in dishes to ensure my boys are all eating well. Roan, my eight-year-old, was diagnosed with leukemia last year. Intense IV chemo altered his tastebuds, so textures and smells send him running so grating was the only way I could get vegetables into him. Knox is 23 months, Nash is six months, and I use the grater to make solids. The zesting side is oh so handy when testing baking recipes with my favourite citrus and decorating beautiful desserts for the coffeehouse. I couldn't function without it."



DEYTON BONISH

HOME COOK/OWNER HINGE DESIGNS

"A combination steam/convection oven is a healthy way to cook since you're not drying food out with hot air, or boiling away minerals and nutrients. It truly is an all-inclusive unit. Commercial steam ovens have been around awhile, but now they are in home kitchens. I love the steam/convection combo. You can defrost quickly, reheat multiple leftover plates at once and it's big enough to cook a 20 lb. turkey in half the time, juicy as ever!"



CHEF JESSE PAPISH

EXECUTIVE CHEF, UNIVERSITY CLUB, U OF S

"I did a stage in Toronto; that's when a chef works for free at another restaurant to learn from their chef and see how their restaurant works. After seeing Chef Anthony Bourdain in *The Layover*, I went to Tosho Knife Arts. I picked up my Konosuke HD2 chef's knife; it quickly became my favourite. It's half carbon, half stainless steel so it keeps an edge longer and the blade comes back very quickly."



COOK DELPHINE CADOTTE

FRIENDSHIP INN

"My Kohkum taught me to cook. My dad and uncle were hunters; the women prepared meat in big cast iron pots. Moose, deer, duck, rabbit—all in the same pot. No inside stoves, so I learned to cook on an open fire. We crushed berries on stones. We had horses and used their salt blocks. My favourite pot here holds 900 bowls of soup, and I've got other pots to make up the difference. I cook about 1,000 meals a day, but never with the same ingredients because all the food is donated. My specialty? Moose stew!"



CHEF CALEY DALLIN

SOOMSOOM MIDDLE EASTERN CUISINE FOOD TRUCK AND CATERING

"My wife Sharon is Israeli and whenever we go to Israel, we get more of these things. The packaging is in Hebrew, but it's really just called a 'falafel-making tool.' Falafels are made of chickpeas, so you spoon the mixture into the scoop, round the top and press the little button to shoot it into the hot oil. Making falafels without this little thing would be a nightmare!"

The Best Tools of All

Knives seem popular with chefs and cooks, but no matter what the tool or gadget might be, the sage advice from Kohkum Delphine Cadotte, a cook at Saskatoon's Friendship Inn, applies: "Cook with kindness, forgiveness and lots of love." (i)

Karin Melberg Schwier



DESIGN • SHOP • RENOVATE

Kitchen + Bath



CENTENNIAL₃₆₀ **MAKE LIFE**
Awesome.

Explore Our Kitchen & Bath Design Centre
710-51st Street E centennial360.com 306.500.7381



Renée Kohlman and Craig Silliphant prepare to bite into a just-out-of-the-oven pumpkin chai chocolate muffin.

HOME FOOD:

Arise O Great Pumpkin!

 CRAIG SILLIPHANT

 LILLIAN LANE

As a society we're careening towards what I call 'peak pumpkin.' At this time of year, when it's cooling off in this neck of the woods and the trees are a beautiful canvas of falling yellow and orange leaves, we go a bit nuts for the pumpkin. Pumpkin spice lattes, pumpkin beer, teas, soups, pies, even bizarre products

like Pumpkin Spice PopTarts and Oreos, and Pumpkin Pie Spice Pringles. Every autumn, the world goes a little mad with pumpkin fever.

Actually, this isn't new—we've been eating that delicious orange squash for a long time, it just hasn't always been so trendy. In colonial times, it was more out of necessity;

pumpkin bread was baked when you were low on wheat, and pumpkin beer was made when there was no barley to be had. Ironically, many of the processed pumpkin treats we enjoy today don't actually contain any pumpkin. There's a certain comforting tradition we've built into the imagery and the flavour of the pumpkin

that ties it to fall, especially during Halloween and Thanksgiving.

In fact, the pumpkin is heavily established in history and ritual, so much so that we don't really think too hard about it because it's been part of our lives for so many centuries. North American settlers saw them being eaten by



Native Americans and adopted them. One of the first American pumpkin recipes on record was published in the 1670s.

This time of year, the biggest custom for our somewhat head-shaped gourd is the jack o' lantern. Scoop out the guts, carve a scary face, slap a candle in there and plant it on your front walk while little

monsters are trick or treating. I also like to roast the seeds with some seasoning in the oven for my family like my Mom did when I was a kid. They're salty, crunchy and delicious (see recipe).

Carving gourds has been around for over 10,000 years, but the jack o' lantern started in Ireland in the ➤

H

HINGE
KITCHENS REFINED

VIEW YOUR KITCHEN
DESIGN RENDERINGS IN 3D!

Come see our new
showroom located at
#118 - 120 SONNENSCHN WAY
Call to set up your free design
consultation today!

306-381-6879 www.hingedesigns.ca

PUMPKIN CHAI CHOCOLATE MUFFINS



2 large eggs, at room temperature	1/2 cup large-flake oats
1 cup canned pumpkin purée	1 1/2 tsp baking powder
3/4 cup packed brown sugar	1 tsp baking soda
1/2 cup canola or other cooking oil	1/2 tsp salt
1/3 cup apple juice	1 tsp ground cinnamon
2 tsp pure vanilla extract	1 tsp ground ginger
1 1/2 cups all-purpose flour	1/2 tsp ground cloves
	1/2 tsp ground nutmeg
	1/4 tsp ground cardamom
	1/2 cup semi-sweet chocolate chips
	1/4 cup pumpkin seeds

Preheat the oven to 350°F. Place the rack in the centre of the oven. Line a muffin pan with papers or grease well with your choice of oil or butter.

Whisk together the eggs, pumpkin purée, brown sugar, oil, apple juice and vanilla in a large bowl until smooth. In another large bowl, stir together the flour, oats, baking powder, baking soda, salt and spices. Stir in the chocolate chips. Add these wet ingredients to the dry ingredients and stir just until incorporated. Scoop into the muffin cups so they're about three-quarters full and sprinkle with pumpkin seeds.

Bake for 18–22 minutes, until the tops spring back when lightly touched and a toothpick inserted in the centre of a muffin comes out clean. Let the muffins cool in the pan on a wire rack for about 5 minutes, then remove the muffins from the pan and let cool completely on the rack. The muffins keep well in an airtight container for up to 3 days on the counter, or can be frozen for up to 2 months. Makes 1 dozen muffins.

Recipe by Renée Kohlman, *All the Sweet Things* (TouchWood Editions 2017).



19th century. People would hollow out turnips and carve spooky faces in the to serve as lanterns that either represented spirits or as a talisman to ward them off.

As a side note, the best jack o' lantern party of the year in Saskatoon is held the day after Halloween at Rotary Park in Nutana. It's a jack o' lantern disposal party where hundreds of people bring their jack o' lanterns, sip hot chocolate and light the jack o' lanterns up together in a brilliant display before they are composted.

Of course, the other pumpkin-plentiful holiday is Thanksgiving. Sure, there's all kind of gourd-related imagery around this holiday, but pumpkin pie reigns supreme. In more recent years, I've found that people are divided on their enjoyment of this classic dessert. Personally, I don't mind it, but it isn't my favourite holiday treat.

So, instead of pumpkin pie, I headed over to Renée Kohlman's house in Saskatoon to see what kind of pumpkin treat she could dream up for me. Renée is a baker and writes about food for magazines and online. This year, she also put out a book of her amazing

recipes called, *All the Sweet Things: Baked Goods and Stories from the Kitchen of SweetSugarBean*, garnering great reviews from outlets like *The National Post*.

Like me, Renée loves the family time of Thanksgiving, but isn't a fan of pumpkin pie (is there a support group for people like us?). Instead of pie, Renée makes things like pumpkin cheesecake or tiramisu. She made me a chocolate pumpkin chai muffin.

Renée's love of baking came from spending time in the kitchen as a child with her mother. She made all manner of treats during the holidays as well as for the every day. These experiences motivated her cooking career and even now inspire her to creatively think beyond the typical, as with our muffin recipe.

"It's nice and seasonal with the pumpkin," she says. "Warm chai spices like cinnamon, cardamom, nutmeg and cloves. There's some whole oats for fibre. And, of course, chocolate, everyone's best friend. Some chunks of that."

They come out of the oven, the aroma of pumpkin and spices tickling my nose with baked love. I bite into the

ROASTED SPICED PUMPKIN SEEDS

This is a great project to do with the kids. Experiment to discover your favourite spiced versions. To think this bounty used to end up languishing in the compost bin. Two tricks to keep in mind: boiling and drying. The seeds need to be boiled a bit to cook them, and completely air-dried before storing in jars.

1. Select large pumpkins. It will be easier to retrieve the seeds, and carving the jack o' lanterns will be easier, too. Avoid ones with soft spots.
2. Cut the lid. Before you start scooping out the 'guts' with a big spoon, use your fingers to pull out seeds. There's no way around it. Just get your hands in there and pinch clusters of seeds from the flesh. If you're determined, you can easily get every one once you scoop out the guts. Discard limp, skinny seeds. You want the plump ones.
3. Clean as much of the flesh from the seeds as you can. Then put seeds in a bowl of cold water and stir around. Pick any leftover orange bits that rise to the surface. Rinse well in a colander.
4. Boil seeds in lightly salted water for 10–15 minutes. They don't have to be soft, but you want to lightly cook the kernel inside the shell. They'll look a little grey but that's okay. Strain, spread out on cookie sheets, stir as they air dry well.
5. In a large bowl, toss dry seeds with olive or canola oil. Just enough oil to get spices to stick. Separate into smaller bowls to toss with whatever seasonings inspire you. Try paprika, cumin or cayenne for savoury with a kick; maybe cinnamon, nutmeg or clove for that pumpkin pie effect. Experiment! Plain salt or seasoned salt is nice, too.
6. Once spiced, spread the seeds evenly on baking sheet. Bake at 300°F for about 15 minutes, stirring once halfway through. Because seeds are small, they can burn quickly so keep a close eye. Do a taste test or two.
7. When they're crunchy (no longer raw tough), spread out and let thoroughly dry. Store in glass jars with labels. Note: if there is any moisture left, they may mould if sealed. Better to err on the side of over-drying. Leave them out for a couple of days, though by then they may all be consumed!



muffin, soft and warm, the chocolate still velvety. I'm sure my eyes comically roll back into my head as muffin goodness takes over. On a cool fall day, when you're loving the beauty of the world, but perhaps missing summer and lamenting the coming of winter, this is a muffin that will warm your soul like a hug from a friend. Never

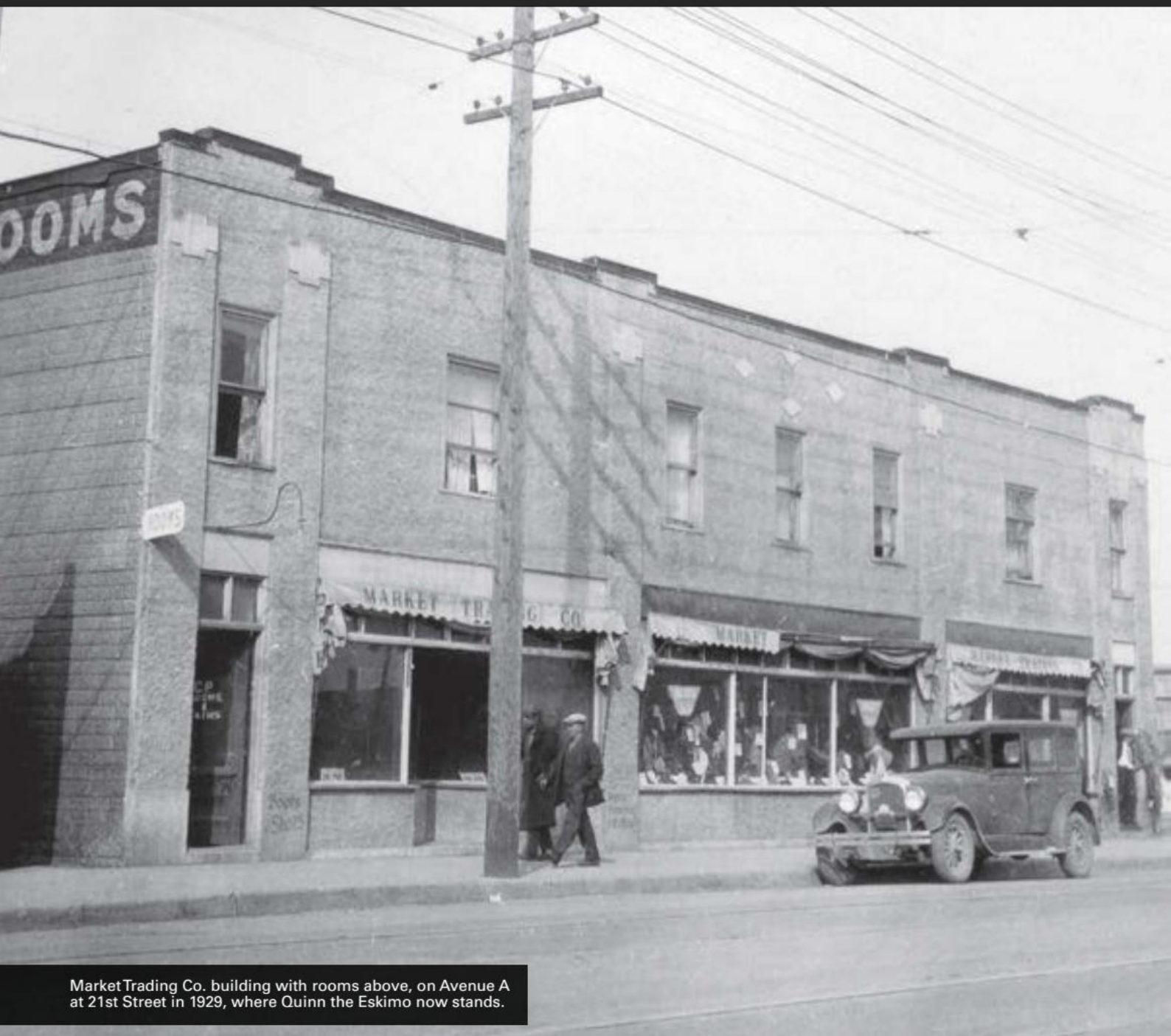
mind pumpkin pie. Never mind all the products at the supermarket or coffee shop this time of year; Renée's fresh baked chocolate pumpkin chai muffin is where it's at. (i)

Craig Silliphant

HOMEtown Reflections

 JEFF O'BRIEN

RIVERSDALE



Market Trading Co. building with rooms above, on Avenue A at 21st Street in 1929, where Quinn the Eskimo now stands.

Photo: City of Saskatoon Archives

First brought to market in 1903, Riversdale is the youngest of Saskatoon's original founding communities. It was also the first to be developed privately, with an eye to maximising profitability by making as much land as possible available for sale. The streets were narrower and the blocks smaller than in the downtown and Nutana, and there was no provision for parks or other amenities. This helped keep property values down, making it a haven for those of more modest means, particularly new arrivals to Saskatoon. The result is that Riversdale has always been a place of working class families and small, family-owned businesses, with a rich ethnic and cultural diversity.

The Early Colonists

Some of the first to call Riversdale home were ➤

The Little Chief service station, looking north on Avenue D, in 1944.



Photo: Local History Room - Saskatoon Public Library - LH A 1197

The Experts Are More Affordable
Than You Might Think.

COMFORT
YOUR WAY

Carrier

turn to the experts
www.carrier.ca

HIGH
EFFICIENCY

Whether you're looking for a quick furnace replacement or the benefits of an advanced, high-efficiency system, Carrier™ has the solution to fit your budget and comfort needs. Call your local Carrier™ dealer today.

Riversdale in 1940, showing Market Square and the railway yards on the other side of Avenue A.



Photo: City of Saskatoon Archives - number HST-019-6

the Barr Colonists: five train-loads of British settlers who pulled into the Saskatoon railway station one spring day in 1903 and set up their tents near where the Farmer's Market is today.

They were led by an Anglican clergyman from Ontario named Isaac Barr, a visionary intent on "planting a colony of pure British culture" around what is now Lloydminster. Saskatoon was to be their staging ground, the place where they would catch their breaths and prepare for the long march out to their new homes.

Their arrival quadrupled Saskatoon's population.

The Barr Colonists provided an immense boost to the local economy, spending more than \$250,000 on livestock and supplies. They also helped put Saskatoon on the map. Isaac Barr was a great publicist, and newspapers throughout Canada and Great Britain avidly followed the progress of the Barr expedition.

People who might have had a hard time finding Saskatchewan on a map were now reading colourful accounts of Saskatoon and the country around it. The money the colo-

nists spent and the publicity they provided were to prove a crucial boost to Saskatoon's fortunes in the years to follow.

The Westsiders

At about the same time, a little shantytown was springing up at Avenue A (now Idylwyld Drive) and 20th Street on the outskirts of Saskatoon. By November of 1904 there were 64 houses and nine businesses there, including a hotel, three lumberyards, a shoemaker, a boarding house, a general store, a livery stable and a blacksmith shop. The settlement was, in the words

of local historian Bill Delainey, "wholly parasitic" on Saskatoon, with easy access to all its amenities without the annoyance of having to pay taxes to help maintain them. This was good for them, but not much appreciated in Saskatoon, and there was some thought to expanding the town limits to include the upstart westside community. Sensing their peril, the westsiders quickly petitioned the territorial government for official status, and on January 16, 1905, the Village of Riversdale was born.

The new village formed a square, stretching from



Alexandra School at 20th Street and Avenue G, around 1913.

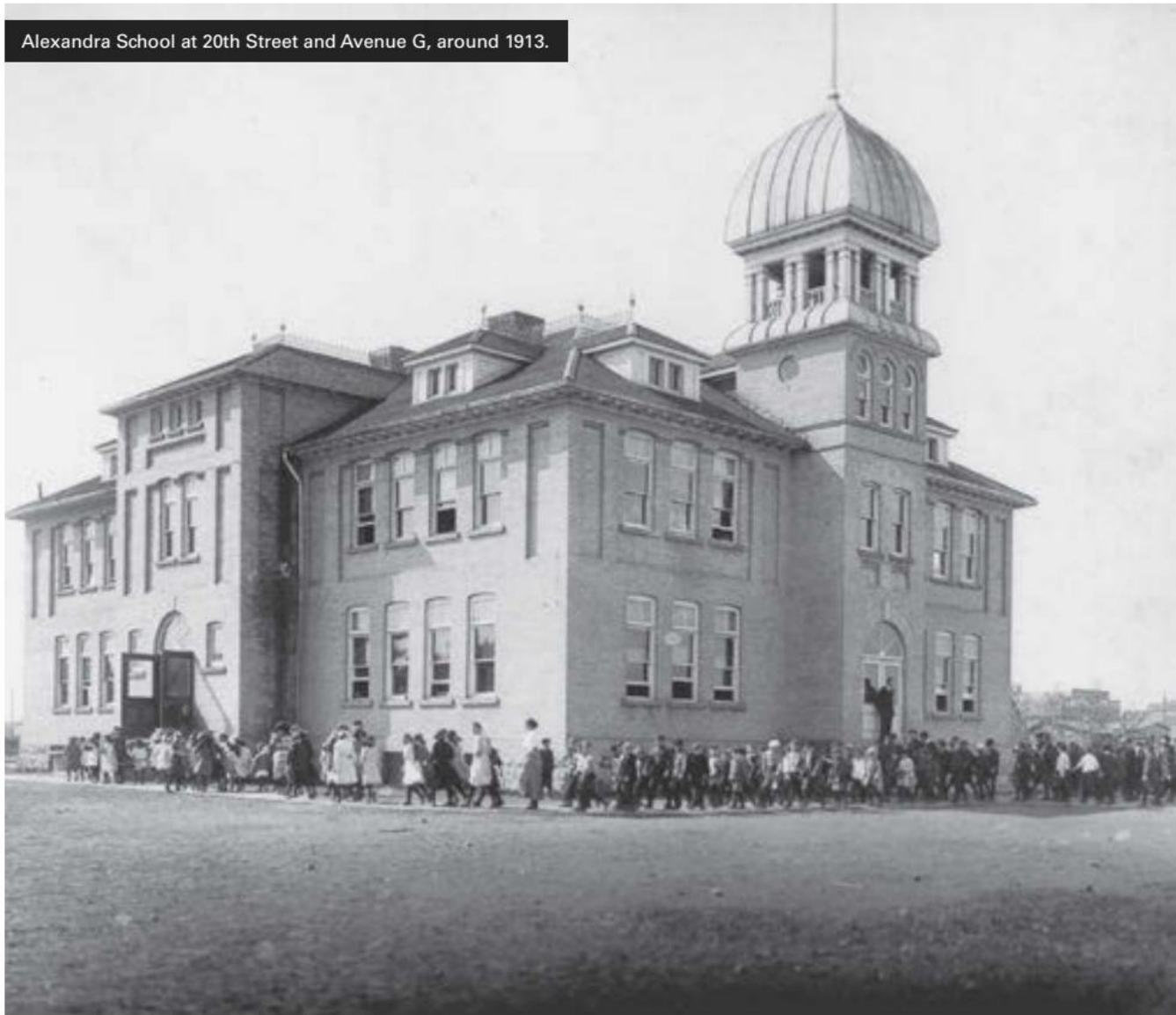


Photo: Local History Room - Saskatoon Public Library - LH 798

Avenue A to Avenue H, and from 22nd Street to 17th Street. For reasons which history does not record, the developer, Dr. J.H.C. Willoughby, assigned numbers to the east-west streets, as had been done in Saskatoon and Nutana, but used letters of the alphabet for the avenues. As Saskatoon expanded over the next few years, new neighbourhoods on the side also followed this naming convention, and to this day, much of Saskatoon west of Idylwyld retains its alphabetized avenues.

Oddly, there has never been an Avenue Z.

Business Booms

In 1907, the Mitten brothers built one of the first heavy industries there, a cement block manufacturing plant on 16th Street, just inside what is now Victoria Park. James Weir opened Riversdale's first blacksmith shop on Avenue A and 21st Street in about 1904 and in 1908, a Jewish immigrant named William Landa opened what later became the Landa Carriage Works at 222 Ave C South.

More than a century later, Landa Automotive still operates out of the same address. Lumberyards and laun- ➤

Our passion at InVision Eye Care Centre is to fulfill your eye health and vision wants and needs, customized to you, in a warm, professional environment.



InVision
EYE CARE CENTRE
For a lifetime of healthy vision

We welcome new patients!

#10-3110-8th Street E
(306) 373-2234

www.invision-eyecare.ca

A "Who's Who" of west side businessmen on 20th Street in 1903.



Photo: Local History Room - Saskatoon Public Library - LH 869



SASKATOON FUNERAL HOME

Celebrating over 100 years of service.



We are your friends,
your neighbours,
your Funeral Home.

When you need us we are the team that is here to welcome you and your loved ones into our home, and make sure you feel comfortable, cared for, and understood.

(306) 244 5577 www.saskatoonfuneralhome.com

dries, livery stables and soft drink factories, garages, warehouses, scrap dealers and brickworks have all called Riversdale home. Until the 1960s, area farmers brought livestock to auction at the old City Market on Avenue A where Fire Hall No. 1 is now, and for nearly a century, the smokestacks of Saskatoon's coal-fired electrical generating station poked up from the river bank there, next to the municipal incinerator, where the Farmer's Market is today. Two railway lines once ran through Riversdale, and at one time it had the highest concentration of rooming houses in the city.

Diverse City

The first settlers there may have all come from Ontario and the British Isles, but their successors have spanned the globe. By 1908, Chinese restau-

rants and laundries dotted 20th Street and the adjacent area, followed by waves of eastern and central European immigrants in the years just before the First World War, and then again in the 1920s.

Refugees fleeing Europe after the Second World War made Riversdale their home, as did Vietnamese "boat people" fleeing the fall of South Vietnam in the 1970s and '80s. Riversdale has traditionally had a large Metis community, and when indigenous people first began moving off the reserves and into the city after the Second World War, they, too, came to Riversdale.

Until the 1960s, Riversdale was cut off by the downtown railway yards, which stretched between First Avenue and Avenue A and effectively split Saskatoon into east and ➤

All the things that make for great living.

Element Urban Village offers affordable, modern, community-focused living steps from Victoria Park, 20th Street West, and Downtown.



Starting at \$329,900

**Located on Avenue F and 17th Street West
Summer 2018 Completion**

**Two storey, 2 and 3 bedroom options
Parking and electric car share included**

Designed by Oxbow Architecture, Phase II completes Shift Development's most ambitious infill project to date. With 17 units in total, Element Urban Village pushes forward Shift's reimagining of Riversdale, in both design and lifestyle, **all at an unbelievable price.**

Contact us for pricing or visit elementurbanvillage.com to learn more
Phone: 306 651 0510 Email: sales@shiftdevelopment.com

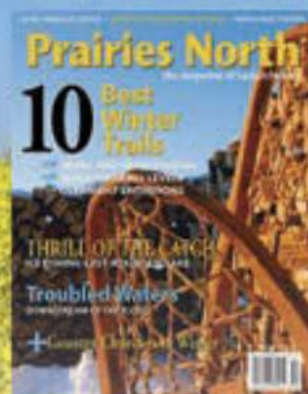
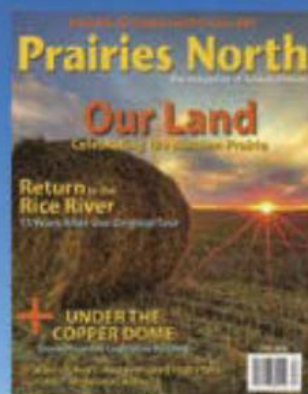
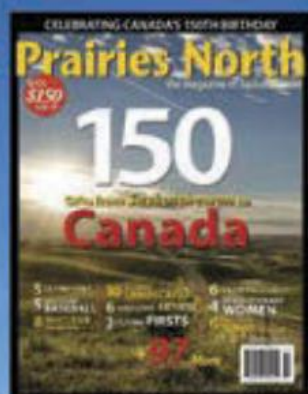
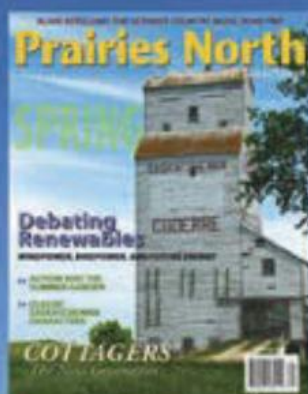


ELEMENT
URBAN VILLAGE

DEVELOPED BY:
SHIFT

If you like
SASKATOON HOME MAGAZINE
you will LOVE **Prairies North**

The magazine of Saskatchewan.



Christmas
Promotion Now On!

\$24

for the 1st subscription
and **ONLY \$20**
for any additional
gift subscriptions.

A subscription to **Prairies North**
is the perfect gift for Grandma & Grandpa,
Baba & Gido, Aunts & Uncles and loved ones.

Subscribe Today! 1-888-861-8311

www.prairiesnorth.com

Looking west into Riversdale, ca. 1912.



Photo: Local History Room - Saskatoon Public Library - LH 869

west halves. The tracks have been gone since the mid-1960s. It's no longer necessary to make the tortuous detours around 23rd Street or under the 19th Street underpass to get to the west side, or to brave the cold, windy heights of the pedestrian footbridge over the tracks at 20th Street. But confident assertions that removing

the downtown yards would signal the end of the "east vs. west" divide have not come entirely to pass.

Cheerleaders and Advocates

Riversdale has always had its boosters in the political sphere, including two mayors: William Hopkins, who ran a hardware store on 20th Street,

and George W. Norman, a printer who founded the *Saskatoon Phoenix*, predecessor to the *Star Phoenix*. Long-time alderman John Cairns, an outspoken west side supporter, was considered Riverdale's unofficial mayor. He served on city council for a record 26 years, followed closely by Pat Lorje, who repre-

sented Riversdale for 22 years between 1979–2016. There has been a raft of others.

Equally important have been the local activists. The Riversdale Community Association lobbied city hall to have a satellite police station located out on 20th Street, and in the early 1990s, community volunteers in bright vests patrolled ➤

Register Now! Fall "Make & Take" Classes | Call or Go Online





Postcard of 20th Street looking west from Avenue A in 1912.

Photo: Local History Room - Saskatoon Public Library - LH 869

the streets, shining a spotlight on prostitution and organized criminal activity along the 20th Street "stroll."

An Ever Evolving Community

Riversdale has grown from a huddle of squatters' shacks on the wrong side of the tracks

into a vibrant, commercial and residential neighbourhood. There have been bumps along the way, and there are still challenges that need to be faced. But the closing of the Barry and Albany Hotels went a long way toward cleaning up 20th Street. The re-purposing

of the old power station site and the developments around the Farmer's Market have lent new vigour to the neighbourhood, and today Riversdale is undergoing a renaissance, capitalizing on its historic character and its advantageous location.

One thing hasn't changed, though. Riversdale is still a place of boundless opportunity, filled with an exciting, restless energy that makes it possibly the most interesting place to be in all of Saskatoon. 🏠

Jeff O'Brien



Ellis Mechanical Services Inc.

Plumbing | Heating | Cooling
Residential | Commercial

Custom Mechanical Solutions for New Home Builds and Renovations

We have years of experience in designing and implementing industry leading custom mechanical systems.

NEW HOMES - REPAIR & INSTALLATION - GAS FITTING

www.ellismechanicalservice.com

306.979.5333

Space enhancing products for your entire home.



CREATIVE CLOSET DESIGN

510A-51st Street E. | 306-652-8550



Peter Prebble and Jason Praski of the Saskatchewan Environmental Society's Solar Co-op catch some rays atop The Two Twenty office building in Saskatoon.

 **KARIN MELBERG SCHWIER**

SOLAR PARTNERSHIPS

Generating Green Energy Solutions

Curtis Olson, real estate developer and owner of Shift Development, has a taste for green energy. He also had a big flat roof on this 20th Street office building. The Saskatchewan Environmental Society, his tenant in The Two Twenty, formed the province's first Solar Co-op and wanted a

first demonstration project. It was the perfect storm, or sun-lit opportunity.

Last summer 85 solar panels were installed on the roof and five on the front. The results are in. The Two Twenty harvests about 40 percent of its annual power bill from solar.

Sunny Days

Peter Prebble, Solar Co-op president, says the project generated 28,388 kilowatt hours in its first 12 months and reduced greenhouse gas emissions by an estimated 16.6 tonnes of carbon dioxide.

"Saskatoon gets about 2,300 hours a year of sunlight,

among the best in Canada," he says. "It's a major renewable resource. In Saskatoon, making kilowatts from the sun is something we can really excel in."

Partnership a Model for Future

Curtis, who has an engineering background, ➤

Curtis Olson of Shift Development focuses work and home life in Riversdale. He says a partnership with the Saskatchewan Environmental Society's Solar Co-op makes perfect sense.



WHAT IS THE SOLAR CO-OP?

The volunteer-run SES Solar Co-op is the first of its kind in Saskatchewan. People who buy shares support the accelerated adoption of solar power in the Saskatoon region and use their investment as a way of helping reduce greenhouse gas pollution. Founders call it “an ethical investment that is estimated to pay for itself over a 15 to 20 year period.” While no dividends have been paid yet because the Co-op is so new, financial returns for members “will be influenced by how quickly electricity prices rise in Saskatchewan,” says Peter Prebble, Co-op president. “As electricity prices go up, solar panels will generate more savings for building owners, and in turn will produce more revenue for the Co-op.” To achieve better economies of scale on a solar installation than a homeowner could achieve, the Co-op’s installations have to date focused on medium-sized commercial buildings. The Co-op has also partnered with the City of Saskatoon on a solar demonstration site.

thought an installation on his building would make sense. But the cost was high enough compared to other investment possibilities that “even though I wanted to do it, I just couldn’t pull the trigger.”

When the SES Solar Co-op was formed, Curtis approached them. A partnership was born, the Co-op raised the money, the solar panels were installed and since then, The Two Twenty has generated a large chunk of its own green power. It gives back to the Co-op through a lease agreement.

“We’re an office building with a café, so we draw a fair bit,” says Curtis. “For us, it was great to produce a lot of our power in a sustainable way. It’s been a phenomenal

relationship and we’re really happy to be putting our money into renewable energy.”

The 1920-era building was structurally sound enough for the panels, but at less than an ideal angle. The panels sit at 10 degrees so additional ballasting support—more weight—was not necessary.

Peter says it only takes one visit to the rooftop to gain an appreciation for how solar harvesting can grow in Saskatoon.

“What we’ve done here on this building can be replicated literally on hundreds of other commercial buildings across the city,” Peter says. “What strikes you as you look out over the city is all the rooftop space available for solar.” The

potential spreads out as far as the eye can see.

Power Points

The Two Twenty project is one of three the SES Solar Co-op is driving. The other two involve partnerships with Montgomery Agencies, and the City of Saskatoon. As interest in solar energy gains momentum, the Co-op hopes to bring another two or three projects on line over the next year.

"There's been an amazing decline in costs over the last decade," Peter notes. "I'd say by about 80 percent."

A grant for solar installations is available for any home, business or farm. Twenty percent of cost up to \$100,000 is covered by a rebate from SaskPower. The rebate is available until November 30, 2018.

Policy Change Necessary

Solar has taken off ➤

85 panels were installed on The Two Twenty's roof and a more visible bank of five were placed across the front, largely for greater public awareness.



Photo: SES Solar Co-operative Ltd.

Solar Power makes financial sense

Visit our online 30 second estimate to find out

20% REBATE
AVAILABLE



Why rent your power? Own it with miEnergy!

A PROUDLY SASKATCHEWAN COMPANY SINCE 2001.

geothermal • solar
miEnergy

Call us! 306-683-2247 info@mienergy.ca 4-3040 Miners Ave Saskatoon SK S7K 5V1 www.mienergy.ca

DINO BOX

WE RENT MOVING BOXES



- ✓ 2 WEEK RENTAL
- ✓ DINO BOX DOLLY
- ✓ DINO BOX LABELS
- ✓ FREE DELIVERY & PICKUP OF NESTABLE MOVING BINS

www.dinobox.ca

- BOOK ONLINE -

SES Solar Co-op president Peter Prebble, right, surveys the skyline with Jason Praski, an energy consultant who is a Co-op board member and chair of the Installations Committee. "What we've done on The Two Twenty building can be replicated on literally hundreds of other commercial buildings across the city," says Peter.



SOLAR SHINGLES

Like most technologies, the hardware associated with collecting solar energy has become more streamlined in recent years. Solar shingles, or "building-integrated photovoltaics" (BIVC), do essentially the same thing as solar panels but do so via a nice tidy compact shingle that looks like traditional slate or asphalt.

In each BIPV, solar rays hit a semiconductor layer in the shingle to generate electricity. They are installed over the roof sheathing, new or existing, and tied in to the building's electrical system. One shingle doesn't create much bang, maybe 50 to 200 watts, but several hundred square feet of them can potentially power the house. The price of the solar shingle has dropped to be more competitive with the bolt-on panels.

It all depends on a home's roofline exposure, trees and structural integrity. But for eco-sensitive homeowners who don't want to disrupt their home's roofline, it could be an alternative worth exploring in this climate of extreme temperatures.



around the world where good public policy supports it, insists Peter.

"In Europe, there are very few countries that have the sunlight we have in Saskatchewan," he explains. "Yet Germany, a geographical area half our size, with 80 million people, is meeting six percent of their electricity needs with solar even with a sunlight resource far inferior to ours. So it's policy that's driven the use of solar there."

Saskatchewan, on the other hand, with 1.16 million people, has six megawatts of installed solar on a 4,400 megawatt grid, meeting only about one tenth of one percent of electricity needs.

Greenhouse gas emissions from solar are about seven

percent of that produced by a coal-fired electrical plant.

"We're more used to thinking about fossil fuels as our solution. But the Paris Climate Treaty signals that the international community is taking climate change very seriously. In that environment, solar and wind start to make a lot of sense."

SaskPower Announcement Expected in 2018

Around the world, governments have invested in solar projects and in the associated manufacturing industry for environmental and economic benefits. Here in Saskatchewan, there are signs of change. A team at SaskPower is revamping its solar policy at the provincial level with an announcement expected in 2018. ➤

www.dinobox.ca
- BOOK ONLINE -

YOU NEED DINO BOXES WHEN:

- ✓ MOVING HOMES
- ✓ MOVING OFFICES
- ✓ TRADESHOW SETUP



**Starting at
Only \$150!**
(for a 2 week rental)

DINO BOX
WE RENT MOVING BOXES

SIMPLE SOLAR 101

Every day, radiation from the sun warms the earth. With some relatively simple technology—solar panels and a distribution system—that free, abundant energy can be harvested and turned it into electricity.

The obvious location for solar panels is on the roof of homes and other buildings. The process that converts solar energy into electricity is called Photovoltaic or PV. Each PV panel contains silicon cells, which react with units of sunlight (photons). The process creates electricity (Direct Current). DC electricity works its way through an inverter adjacent to or on the back of the PV panel, and becomes Alternating Current (AC).

AC electricity runs through a distribution system that has been installed in the building, and powers appliances like stoves, fridges, washing machines, computers and, increasingly, cars and motorcycles.

The sun is an unlimited source of emission-free power. When PV panels produce more than a home or office building uses, the additional electricity is fed into the local electrical system (Saskatoon Light and Power) and the homeowner or building landlord gets credit for the extra that is supplied to the system. The credit is used at night, during less sunny seasons, any time the building needs more power than what is being generated.



Photo: SES Solar Co-operative Ltd.

Curtis Olson believes the way Saskatoon—and the world—will produce energy in the coming decades will be “radically different.”

“Solar is a big piece of the puzzle,” he says. “So is wind, but wind is difficult in urban environments. To me, solar is

a no-brainer. We’re working to have it incorporated in every project we do.” That includes Shift’s Element Urban Village development. Solar panels will be installed on the roof in order to power an electric car share for owners of the townhouse condos.

“That’s how we think as a company, designing energy efficient buildings, working to minimize carbon emissions and foster sustainability while still being a for-profit developer,” Curtis says. “A lot of the things we do are driven by our own personal values

and beliefs. Working with the SES Solar Co-op has been a perfect fit.” 

Karin Melberg Schwier



Anywhere. Anytime. We'll be there.

Mortgage services on the move.

conexus.ca/mobilemortgage





**CARPET • HARDWOOD • LAMINATE • VINYL • TILE • CORK
CERAMIC TILE • LUXURY VINYL TILE & PLANK**

Beautiful floors. Naturally.

WESTERN  CARPET ONE[®] FLOOR & HOME

Beautiful. Made Affordable.[™]

SHOP  HOME
floors made simple

610 CYNTHIA STREET • SASKATOON, SK S7L 6A2 • 306 665 6640
WESTERNCARPETONESASKATOON.COM

© 2017 CARPET ONE FLOOR & HOME *. ALL RIGHTS RESERVED.



ARTISAN BREAD BAKING CLASSES
YULE (YOU-WILL-LOG) CHRISTMAS CLASSES
TERRARIUM CLASSES
AIR PLANT CHRISTMAS ORNAMENT CLASSES
MYOP MAKE-YOUR-OWN-PIZZA
- Thursday and Fridays no reservations -
FIRESTICK MENU
- Saturdays and Sundays by reservation -



BOOK YOUR
CHRISTMAS PARTY



LOOKING FOR MORE INFO?

Solar Gardens.ca

...you've found a place where time can wait...

Catch us on  and  where we post regularly on EVERYTHING Solar Gardens - events, classes, succulents, recipes, balsamics/olive oils, the Firestick Cafe, Christmas parties, trade shows and seasonal holiday specials - to name a few!